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WOMEN WANT TO KNOW: ALCOHOL AND PREGNANCY RESOURCES FOR HEALTH PROFESSIONALS

Women Want to Know is a new national public health campaign that encourages health professionals to discuss alcohol consumption with women who are pregnant or planning pregnancy. *Women Want to Know* was launched by the Assistant Minister for Health, Senator the Hon Fiona Nash on 1 July.

Enclosed with this letter are the resources for health professionals to support them when discussing alcohol and pregnancy with women. There is also a leaflet that can be provided to women with information on alcohol and pregnancy. I invite you to share these resources with your colleagues and networks. Additional copies can be ordered for FREE from www.alcohol.gov.au or by calling 1800 020 103.

Women Want to Know is the first national campaign to promote the National Health and Medical Research Council's *Australian Guidelines to Reduce Health Risks from Drinking Alcohol* (Alcohol Guidelines) among health professionals since their revision in 2009. The Alcohol Guidelines specify that 'for women who are pregnant or planning a pregnancy, not drinking is the safest option.'

The campaign was developed over an 18 month period of consultation and testing with health professionals. Alongside the print resources are demonstration videos of conversations with pregnant women, and FREE online CPD accredited training is available through the Royal Australian College of General Practitioners, Royal Australian and New Zealand College of Obstetricians and Gynaecologists and Australian College of Midwives.

Women Want to Know was developed by the Foundation for Alcohol Research and Education (FARE) with funding from the Australian Government, and in collaboration with the Royal Australian College of General Practitioners (RACGP), the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG), Australian College of Midwives (ACM), the Australian Medical Association (AMA), the Australian Medicare Locals Alliance (AMLA) and the Maternity Coalition.

More information on *Women Want to Know* is available on www.alcohol.gov.au





Yours sincerely

MICHAEL THORN
CHIEF EXECUTIVE

How to order *Women Want to Know* resources



The *Women Want to Know* resources can be ordered free of charge through the Australian Government Department of Health National Mail and Marketing service on 1800 020 103 (extension 8654) or online at www.alcohol.gov.au

 <p>Code: AGO180</p>	<p>Resource</p> <p><i>Women Want to Know: Information for Health Professionals on pregnancy and alcohol</i></p> <p>This leaflet is for health professionals and includes guidance on asking pregnant women and women of child-bearing age about their alcohol consumption. The leaflet also includes the <i>National Health and Medical Research Council's Australian Guidelines to Reduce Health Risks from Drinking Alcohol</i> for women who are pregnant or breastfeeding and the underlying evidence supporting these guidelines.</p>
 <p>Code: AGO179</p>	<p><i>Women Want to Know: Information for Health Professionals on assessing alcohol consumption in Pregnancy using AUDIT-C</i></p> <p>This leaflet is for health professionals on how to use the Alcohol Use Disorders Identification Test – Consumption (AUDIT-C) to assess a woman's alcohol consumption during pregnancy.</p>
 <p>Code: AGO178</p>	<p><i>Women Want to Know: Information for women about pregnancy and alcohol</i></p> <p>This leaflet is for health professionals to provide to women. It includes information about alcohol for women who are pregnant or planning pregnancy.</p>
 <p>Code: AGO177</p>	<p><i>The Women Want to Know project</i></p> <p>This leaflet provides general information about the <i>Women Want to Know</i> project and its development. It includes information on the resources that are available to support health professionals in discussing alcohol use and pregnancy.</p>