



Australian
College of
Nursing

Caring for your career



Nutrition and patient health outcomes

Comprehensive nursing care that focuses on promoting the patient's nutritional intake helps the process of recovery from illness and improves quality of life. The key factor in enabling nurses to better manage the nutritional status of their patients is education. This workshop aims to assist nurses to examine the important role they play in managing the nutritional health of their patients in both the clinical and community setting.

Key learning outcomes

After successfully completing this course you should be better able to:

- > Relate to the Australian Dietary Guidelines and apply these within the clinical and community settings
- > Assess nutritional status using evidence-based assessment tools
- > Identify medical conditions and dietary requirements that need referral to a dietician
- > Identify actual and potential cases of malnutrition and obesity
- > Document the nutritional status of a patient in compliance with the legal and ethical guidelines

- > Develop confidence in participating in a team care approach to managing nutritional health
- > Review and reflect on the role nurses play in patient education to manage nutritional health.

Who: Registered nurses and enrolled nurses

CPD hours: 7

Date: 7 November 2014

Location: Burwood, NSW

Fees:

RN member: \$187.50

RN non-member: \$219.50

EN member: \$153.50

EN non-member: \$186.00

To request a copy of the typical program, outlining the sessions for any of the above courses or for any questions regarding enrolment, please contact:

Student Services

freecall 1800 COLLEGE (265 534) (charges may apply)

studentservices@acn.edu.au

www.acn.edu.au

Caring for your career

ACN membership benefits can help you grow!



Australian College
of Nursing



Are you a: ☐ RN ☐ EN ☐ Other health care professional (please specify)

Course name

Course dates

Title (Miss, Ms, Mrs, Mr, etc) Surname

Given name Date of birth

Address

Postcode

Home telephone Mobile no.

Are you of Aboriginal or Torres Strait Island descent? ☐ Yes ☐ No If yes, please specify

Where did you hear about the course? ☐ Friend / colleague ☐ Website ☐ Conference / expos ☐ Handbook ☐ Email / flyer

☐ Advertisement, specify ☐ Other

Staff position Ward/Unit

Place of employment Local Health District

Work telephone Speciality

Is your place of employment ☐ Private ☐ Public ☐ Other

Enrolment is subject to availability.

Can this applicant be released from your hospital or facility to attend this course? ☐ Yes ☐ No

Nursing Unit Manager (name) Nursing Unit Manager (signature)

Work telephone Mobile telephone

Are you being financially supported by your employer to attend the course(s)? Wages paid while attending: ☐ Yes ☐ No

AUSTRALIAN COLLEGE OF NURSING MEMBERSHIP

Are you a member of: ☐ ACN Course fees* Member \$..... Non-member \$

*Please refer to ACN Continuing Professional Development handbook or website: www.acn.edu.au

☐ Please find enclosed my cheque/money order for the sum of \$ made payable to Australian College of Nursing.

☐ Please debit my: ☐ Mastercard ☐ Visa Amount \$.....

Card No. - - - Expiry date

Cardholder's name Cardholder's signature

Student Services, Australian College of Nursing, Locked Bag 3030, Burwood NSW 1805

Telephone (02) 9745 7500 • Facsimile (02) 9745 7501

ACN reserves the right to refuse enrolment to any course or program and to cancel or suspend any program at any time or for any reason as determined by ACN.