

## The Australian Nurse Teachers' Society

## e-Bulletin

Volume 3, Issue 1 March 2012



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## President's Report

A happy 2012 to all our members. The National Executive hopes that you all had a relaxing time over Christmas and are ready for the challenges of 2012.

ANTS National Executive had a very difficult decision late last year in judging the ANTS/Pearson's Nurse Educator of the Year Award. All the applications were of an extremely high standard which is a credit to the Australian Nursing Education sector. However the winner was able to demonstrate a number innovative educational strategies which clearly met the criteria for the award. Interestingly, many of the applicants reported using Youtube as an innovative teaching resource. I encourage



you to attend the National Executive Annual General Meeting (AGM) at the National Nurse Education Conference, Perth on the 13th April 2012 where the winner will be announced and presented with their award. The AGM will also include the election of Office Bearers for all positions on National Executive. The improvements in technology now mean that National Executive does not have to meet face to face. Skype and web conferencing technology enable meetings to be held among members that are geographically distant. Additionally a significant amount of ANTS business is held via email and online through the ANTS website. I encourage everyone who has served at least one term as a Branch Office Bearer to nominate for a position on National Executive. If you are unable to attend the AGM in person, please submit a proxy form to National Secretary Lisa Gatzonis. All positions will become vacant at the AGM. These positions are President, Vice-President, Secretary, Treasurer, State Liaison Officer, Membership Officer and ANTS e-Bulletin Editor. New ANTS National Executive Office Bearers will be given support from the current National Executive Office Bearers as well from Past President's Jacqui Guy and Janet Roden who are still very active in ANTS. Melissa Bloomer will mentor the new e-bulletin editor as well as managing the ANTS peer reviewed section of the e-bulletin which is the initial step in developing the ANTS peer reviewed nurse education journal.

National Executive send our best wishes to Mary-Bridgid Naylor, past President of ANTS and convenor of the 2008 National Nurse Education Conference. Mary is not well at the moment and we wish her a speedy recovery. Stuart Taylor will continue as ANTS administrator until ANTS business can be fully managed online. You may be aware that ANTS has new contact details which can be found on the website. These details are temporary during the transition to the online format.

Expressions of Interest are being received from Branches to host the 2014 National Nurse Education Conference. The host Branch will also be announced at the ANTS AGM which will immediately follow the close of the Perth Conference. A float of \$5,000 will be forwarded to the host branch which can be used as a deposit to secure the venue for 2014.

I would encourage all members to submit a post to the forums on the ANTS website. As with other websites, the ANTS website can appear to be a monster but Stuart and Christine have made a number of upgrades which should make communication between members much easier. First you need to go to the ANTS website www.ants.org.au. In the top right hand corner is the request to logon. You can logon as an anonymous visitor if you wish but it is better if you logon as yourself as this makes author identification of the post a bit easier. You can contact Sturat directly if you have any problems logging on at forstaylor@bigpond.com.au. Scroll down the left hand column until you reach "forums." When you click on this link you will be taken to the "ANTS News and discussion forums". Click on this words and you will see "add a new

topic". If you click on the number of posts, you can reply but you are unable to add a new topic. So again I encourage you to use the site and begin discussions amongst your colleagues.

Sandra Campbell-Crofts

ANTS President
sandrac0@postoffice.utas.edu.au

## A word from the Editor

Dear ANTS Members,

How time flies! It feels like yesterday we were all preparing for Christmas and holidays. And more specifically for me it feels like only last week that I was finishing off the last edition of the e-Bulletin.

But here we are and it is March already. I must apologise to members that this edition of the e-Bulletin has been published late. I always aim to publish by the first of the month (ie March 1st) but circumstances meant that this wasn't possible. On 22nd February, which was my 15th wedding anniversary, my father, who lived in a nursing home, had a terrible fall and sustained facial injuries and a sub-dural bleed from which he could not recover. I stayed with him from that time until he passed away at 12.10am on the 24th February. The reason I am telling you this is that as I am sure many of you can relate. Being a nurse meant that I was privileged to be able to help care for my dad, and also be there as his daughter. My experience as a nurse also helped me cope with my father's dying. While it was not easy, at least I could give him the care and love deserved.

As a nurse researcher, my area of interest is death and dying and end of life care, and the irony of what was happening to my Dad was not lost on me. Even with the knowledge I have about death and dying, there were still parts of my father's last 31 hours that I wasn't happy with and couldn't control, as much as I tried. Inadequate analgesia and ineffective suctioning were some of the issues that caused frustration, and as a nurse educator, I found myself educating the nursing staff on how to use the syringe driver and suction effectively. While these issues caused me some angst, their desire to care and the amount of genuine love and concern that the staff at my Dad's nursing home showed to my Dad and I was truly heartening. So a big thank you to the staff at that facility. The picture below (while 15 years old) is the way I want to remember him. RIP Dad xxx

As I returned to normality, getting this e-Bulletin done was on the top of my 'to do' list. Being the editor of the e-Bulletin, a voluntary position I have held for the last 18 months has been challenging, but also thoroughly rewarding. With each and every issue I try to bring you an e-Bulletin that not only reports on the activities in each state, but also shares stories of excellence in education delivery from our members. Its great to hear about the innovative and successful programs and strategies our members have been involved in.

I would like to also reiterate something that Sandra Campbell-Crofts wrote about in her President's Report on the previous page. The ANTS National AGM will be held as part of the 14th National Nurse Education Conference in Perth in April. If you are able to attend this conference, I would strongly urge you to do so. Equally important is the opportunity for ANTS members to consider nominating for a position on the ANTS National Executive. If you have served a term in your state ANTS committee then you are now eligible for the National Exec. The positions that will become vacant are President, Vice-President, Secretary, Treasurer, State Liaison Officer, Membership

Officer and ANTS e-Bulletin Editor.

Obviously, I am particularly interested in finding someone to takeover from me as e-Bulletin Editor. I have thoroughly enjoyed the last 18 months as Editor. I wont deny that it takes a bit of computer 'know-how' and time, but its only every 3 months, and in between times the workload is minimal. I would be very keen to support and mentor someone into this position as necessary. Even if you can't get to the AGM, but you are interested in taking on the role, please give me a call or email me.

Cheers



Melissa Bloomer

ANTS e-Bulletin Editor

Melissa.bloomer@monash.edu or 0402 472 334

## 'Growing our own' through TVET traineeships



'Growing our Own' has been one of the philosophies held at St Vincent's Private Hospital (SVPH) in Sydney with the aim of 'recruitment and long-term retention' of staff with experience within the organisation. One of the strategic aims of SVPH is to; promote nursing as a profession, involve the community is the promotion of nursing and nursing education and promote partnerships with other organisations. Evidence of how these strategic aims were recently met can be demonstrated by SVPH celebrating the first graduation of two TAFE delivered Vocational, Education and Training (TVET) school-based traineeship

students who completed their Certificate III in Health Service Assistance.

At the beginning of 2010 SVPH accepted the first intake of four Year 11 students and another four Year 11 students in 2011 and again this year, 2012. The school-based trainees are required to enter a two-year training contract to allow them to complete their formal training requirements for the HSC as well as the minimum requirement of 100 days of paid employment and spending a half day each week at TAFE learning the skills



required to work on the wards under the preceptor-ship of Assistants-in-Nursing.

The benefits of the school-based traineeships to the Year 11 and 12 students are that they are provided with the opportunity to attain a nationally recognised Vocational, Education and Training (VET) qualification as well as their High School Certificate (HSC), gain valuable work skills and experience through paid employment over a two-year period and become part of the healthcare team. These skills prove to be a valuable asset when applying for tertiary education and developing life-long learning skills and both professional and personal development.

The benefits to SVPH are that the traineeship provides an opportunity for SVPH to promote nursing as a profession to an age group seeking career direction, long-term recruitment through possible ongoing employment at the end of the two years to assist the students with progression of their nursing qualifications, increase patient satisfaction and finally build partnerships with other organisations. In summary, we have enjoyed watching the traineeship students professionally grow and mature over their

two year traineeship and we consider ourselves a 'richer' organisation for having them as part of our team.

Natasha Franklin & Michelle Phillips

ANTS NSW Members

## **QLD Branch Report**

I would like to extend a warm welcome to our returning committee members Lynda Canniford (Treasurer) and Melissa Carey (Membership and Secretary) and a very warm welcome to our new committee member Marilyn Ireland who has taken up the challenge for 2012 as the Education Officer. Planning is well under way with education for 2012 under her banner. Through consultation with respective members we have two of the four dates locked into the ANTS Queensland Calendar.

March 24th Gold Coast members have taken up the reins to begin the year under the leadership of Colleen Bell with assistance from Marilyn. The title is Expert to Novice (apologies to Patricia Benner). We are all looking forward to hearing from the presenters who have had a recent trip to New Zealand with their presentations. This will be an interesting and informing few hours on this Saturday morning 0830 registration commence 0900 -1200 finish (flyer circulated to all members recently).

Christmas in July is on again at the Ship Inn, Brisbane (20th July). Save the date, All details out soon. We have asked the RCNA to join us on the night as we did last year. Other planning for other functions has begun through

Michelle Cameron (Toowoomba) for September and our Logan colleagues/members in October (who could forget the great night had in 2010 via the Logan Team for the Halloween function). We look forward to all the up and coming sessions. Along with this the AGM will be in Late Nov/Early December TBC and also awaiting to hear from our Rural colleagues in Rockhampton area how we as the committee can assist them educationally.

From a financial point of view we are in the 'red' just over \$1200.00. However, to grow these funds to do more for members we need all the support from members to join the drive in "Find One Join One" campaign. The member who joins the most members will receive a book prize to be announced at the July function. Ensure all details are on the membership form to whom introduced the new member.



#### Getting to know the Committee—Lynda Canniford- Treasurer QLD Branch

I have been on the committee since its inception in 2009 in the role as the Treasurer. This has been an exciting time for ANTS Qld and it has been great to be a part of this enthusiastic team. In this last year my professional role has changed from academia back into a hospital setting as an Education Coordinator at the Mater Adults Hospital in Brisbane. This provides new and exciting prospects for me professionally and personally. The shift from academia back to hospital education has highlighted the great importance of collaboration across the sectors and this is something that ANTS can do for its members and something I will be encouraging throughout this year.

#### A special thank you

On behalf of all the ANTS Queensland members we sincerely thank Acting Chief Nursing and Midwifery Officer - Cheryl Burns for her valued support to ANTS Queensland during her time in this role and wish her well for her future endeavours.

#### **Articles for the Bulletin**

If you have an interesting article/s we would love to read them in the Bulletin... come on Queensland lets show them what we are about.

Lorraine McMurtrie
ANTS QLD Chair

# From wobble to water ... the show (conference) went on

In 2011 I was Planning to attend the Annual Scientific Congress of Vascular Surgery, hoping to combine attendance at the Vascular 2011 Conference, Christchurch, New Zealand with annual leave until the earthquake struck. As we watched the event unfold on television, we received notification that the conference was transferred to Brisbane which then also experienced a natural disaster ... was this conference to be a no show?

The theme for the conference was "Vision and Reality" and despite the setbacks the convenors managed to bring together an excellent nursing program from the unexpected turn of events. The invited Nursing speakers were Judith Barker (NP Community Health, ACT) and Dr Keryln Carville (Associate Professor Curtin University) who in 2010 received the inaugural Life Time Achievement Award for Nursing by WA Health.

I presented two abstracts; the first was titled "What else is out there?" which looked at the development of the SA vascular nursing association (SASVN) website from a small project for my studies into the national website of ANZSVN. The next step is in developing a 'Moodle' to increase interactivity and access to education for nursing members. This generated great interest and discussion in the morning tea break as many had not heard of this as an option for education and training and were going back to their workplace to investigate further. My second abstract looked at a succession planning model for the Nursing Practitioner (NP) who have wound management in their portfolio. This model has nurses from across all levels with an interest in wound management as a resource in the clinical areas and is affectionately known as SWAT (Skin and Wound Action Team). After I was approached by a Tasmanian NP who identified that they also had SWAT nurses in a similar role ... great minds think alike.

The conference papers varied from an Enrolled Nurse presenting on her role in a multidisciplinary foot clinic to a Nurse Practitioner on her journey to gain recognition for her role and contribution to the workplace. The Novice Presenter Award went to Hannah Blacka (Brisbane) for her presentation on "Vascular nursing: a new graduates perspective". As a student you are encouraged to "stop and talk to the patient" ... then you become a nurse where this seems to be a luxury with the fast pace and high acuity and as a graduate you do not dare ask for help even when offered as you perceive yourself as incompetent ... it brings a lump to my throat as I write and think back over this presentation. Something for us all to reflect on – how we need to look deeper into our nurturing of our young in their transition phase and encourage them to say when they are not okay.

Another presentation of interest was "Palliative care in end-stage peripheral vascular disease" by Dr. Janet Hardy (Brisbane). This presentation discussed end of life issues through case studies with emphasis on when to refer and when to cease/withdraw treatment. Also how death and dying terminology is almost non-existent and we say pass on, gone to a better place and in the newspaper a cow found on the beach after the QLD floods was identified as deceased. Does nobody die? In closing a reflective note ... "All the care that went before is going to be forgotten with the way she died. Good palliative care as a goal is attainable with early intervention".

Flexibility in the face of challenges and adapting to sudden and unexpected change is what we do as



Leafy Sea Dragon—SA fauna symbol

healthcare professionals ... this was emphasised with the Christchurch earthquakes and the Queensland floods by the dedication of healthcare staff (and others) which was acknowledged with presentations in both the nursing and medical programs with actual footage at the time, narrative from interviews with healthcare staff on their actions and thoughts at the time.

Thankyou to the Nursing Convenors and MEDTRONIC the Major Nursing Sponsor for an enjoyable and thought provoking program. I have saved the date for Vascular 2012 in Melbourne from 20 – 23 October.

Karen Simunov ANTS SA Member

## **Book Reviews**

#### These texts supplied courtesy of Oxford University Press



**Nursing: Transition to Professional Practice** 

**Rob Burton & Graham Ormrod** 

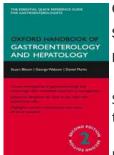
ISBN: 9780199568437

'Nursing: Transition to Professional Practice' addresses the anxieties faced by many final year undergraduate nursing students. It provides practical advice on the roles and responsibilities of the newly registered nurse, how to get the job you want, and the skills you need for future career advancement. With chapters including 'Becoming a qualified nurse', 'Accountability, decision making and the law' and 'Teamwork' the authors describe the professional responsibility and practice of the Registered Nurse, how to make legal and ethical

decisions, and the best ways to work with and teach other staff.

Additional online resources provide useful advice on writing CV's and interview preparation, with questions and suggested responses outlined. Interactive cases present common problems the newly Registered Nurse may face, with guidance about decision making. It provides useful advice for final year undergraduate nursing students and graduate nurses. It will also be of interest to education staff who teach or support final year students or graduate nurses.

ANTS VIC Member



Oxford Handbook of Gastroenterology and Hepatology Stuart Bloom, George Webster & Daniel Marks

ISBN: 9780199584079

This book is aimed at all levels of medical staff and nurses in particular Clinical Nurse Specialists and Nurse Consultants. It is named a "handbook" an indeed it is easily transportable. It will fit easily into a briefcase, handbag or a large pocket.

Rather than being organised by anatomical systems, this book looks at clinical conditions and presentations making it easy to use as a quick reference. Divided into sections such as

approach and management, clinical practice and diagnosis, A-Z of gastroenterology and hepatology, drugs and emergencies, this book enables the reader to find what they are looking for quickly and effectively. Overall, for any member of the multidisciplinary team working in this area who need a concise, easy to use reference book this ticks all the boxes.



The Oxford Handbook of Practical Drug Therapy- 2<sup>ND</sup> Edition
Duncan Richards, Jeffrey Aronson, John Reynolds & Jamie Coleman
ISBN: 9780199562855

This is a small compact and easy to utilise drug therapy manual, the manual has been set out for the user in similar fashion to the British National Formulary- so any health care professional that has worked with or accessed the formulary will find the format easy to follow. The first section provides a 'how to use the book' and is well set out for later or return reference purposes. The next pages cover basic concepts of drug therapy – in short dot point references,

these again are easy to follow and easy to look up.

The content of the handbook is set out systems; under each system are the drugs in alphabetical order. Each drug is then set out by- treatment uses, contraindications, 'how to use the drug', adverse effects, drug interactions, monitoring and patient information.

The final section of the handbook is an index that is both in subject order and order of drug name. Again making the book easy to use and to find specific medications. Overall a well set out easy to follow guide that would be useful for health professionals of all levels

Michelle Girdler ANTS SA Member



#### 4th International Nurse Education Conference

Changing the landscape for nursing and healthcare education evidence-based innovation, policy and practice

17-20 June 2012 | Baltimore, USA

Education of the current healthcare workforce in nursing and other professions is a global priority as is educating professionals of the future. NETNEP 2012 encourages the sharing of the research and practice of nursing and healthcare education as it exists in the classroom and in clinical practice and promotes networking opportunities for colleagues from around the world.

There will be a large number of presentations throughout the event, including Keynote presentations, oral and poster presentations, Symposia and workshops, giving delegates the opportunity to hear not only the latest research or innovation in education in a myriad of different contexts but also to participate fully in an interactive programme.

The conference experience is for anyone involved in the delivery, development and organisation of nursing and healthcare education, as well as those who actively engage in participating in educational programmes. The Conference particularly welcomes contribution from faculty, nursing and midwifery educators, academic administrators, senior education managers, practitioners, researchers and students.

The themes have been chosen to reflect current education research, developments and innovations internationally

Call for Papers...
Abstracts for Oral & Poster presentations and Symposia are NOW invited

Submit abstracts by 7 October 2011

For more information, please go to

http://www.netnep-conference.elsevier.com/index.asp

NET E20 P12

### THEMES

Continuing Professional Development/ Education

Teaching,

Assessn NETNEP 201 Learnin Conference

University & Clinical Practice

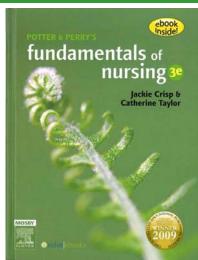
Technology, Simulation and Education

Faculty and Practice Partnerships

Research for Education, Policy and Global Developments

## **Book Reviews**

These texts supplied courtesy of Elsevier



Fundamentals of Nursing: Clinical Skills Workbook
Geraldine Rebeiro, Leanne Jack & Natashia Scully

ISBN: 9780729541398

Published 2011

RRP: \$65.00

As a practical profession, nursing is not only based upon learning theory in the classroom, but also mastering clinical skills, taught through lecture content, and demonstrated and reinforced through simulation lab or clinical experience or practice. This clinical skills workbook comprises forty-nine skills ranging from vital signs to caring for surgical patients.

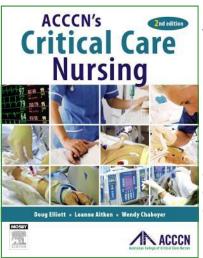
The text is easy to read and easy to understand. Every chapter begins with a general introduction to the topic, followed by a more in-depth exploration of the skill/skills involved in that topic. Each step of every procedure is explained,

followed by comprehensive rationale that enable readers to enhance their understanding and purpose/goal of the procedures. Critical decision points are very useful and relevant and guide students' practice safely. Through the five-point bondy rating scale, students can track their own development progress. The checklist is also useful for the lecturer to evaluate or examine

\*\*Edi Sampurno\*\*

\*\*Student's progress.\*\*

\*\*ANTS Member, Indonesia\*\*



**ACCCN's Critical Care Nursing 2nd Edition** 

Doug Elliott, Leanne Aitken & Wendy Chaboyer

ISBN: 9780729540681

**Published 2011** 

RRP: \$115.95

Although aimed at all staff working within the critical care unit, ACCN's critical care nurse is more applicable to novice or graduate nurses' entering into critical care nursing. The text commences with the professional issues associated with critical care nursing including scope of practice, economical, environmental and human resources. The text then moves onto the clinical aspects of caring for patients in the critical care environment, which then leads onto the care of the special population groups including paediatrics and pregnancy. The text

addresses current contextual issues within critical care including cultural considerations and organ donation.

The clinical section of the book is addressed from a systematic approach providing an overview of assessment and monitoring followed by specific conditions and their management. Key points are highlighted by the use of 'Practice Tips' throughout the text. The text uses clear diagrams to assist the learner.

This is a good resource for beginning practitioners within the critical care units providing an introduction to caring for patients with these units.

\*\*ANTS VIC Member\*\*

ANTS would like to thank Elsevier for their ongoing support through the supply of texts for ANTS members to review.

# Transition to Professional Practice Program, South Australia

Traditionally across Australia newly registered nurses (RNs) have been offered the opportunity to participate in structured induction programs into the nursing profession, since the transfer of RN training from the hospital to the university sector. This initial year is thought to be critical for the development of professional roles, confidence and the ability to independently apply theoretical knowledge into the clinical setting (Romyn et al., 2009). Recent Australian studies however have identified the newly registered nurse as not being prepared for the reality of working within the nursing profession, noting many felt they lacked support (Johnstone et al., 2008; Kelly & Ahern, 2008). This highlights the vital importance of Transition to Professional Practice Programs (TPPP) to the transition experience and ultimately the retention of the new RN.

Transition into the nursing profession is a process of adjustment into the registered nurse role and its associated responsibilities. Transition for the new RN has hence been defined as "the individuals self perceived adaptation to the profession and workplace, confirmed by colleagues and evidenced by the individuals professional knowledge, skills and behaviours" (Adelaide Health Service TPPP curriculum working party, 2011). 2012 heralds a new chapter for the newly registered nurse within metropolitan hospitals across Adelaide with the introduction of a standardised descriptive curriculum for the TPPP.

The RN TPPP is underpinned by Boychuk Duchscher's (2009) transition stages and transition shock models in conjunction with Benner's (2001) novice to expert continuum. It incorporates strategies to minimise transition shock at the same time as facilitating transition into the registered nurse role through immersion into the workplace, their new role and the profession, thus enabling progression along the novice to expert continuum.

To maximise the transition experience, organisational support in conjunction with an educational program that encourages the progression of knowledge has been developed to enable the new RN to learn from their clinical encounters, and ultimately progress beyond Benner's novice level of proficiency. As identified by Boychuk Duchscher, (2009), it is important for the newly RN to understand the relationships, roles, responsibilities, knowledge and performance expectations that are now required of them within their professional practice setting.

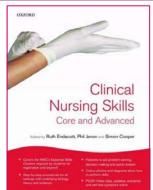
Within Lyell McEwin Hospital this will be achieved through the provision of a clinically focused education program that incorporates the National Safety and Quality Health Service Standards, the National Competency Standards for the RN and Boychuk Duchscher's (2008) transition shock model. Lyell McEwin Hospital strives to provide a supportive clinical environment that will enable successful transitioning of the RN through work immersion, structured and unstructured professional development opportunities and the provision of formal support networks. The new RN will be further supported through the incorporation of reflective practice, active knowledge construction, clinical guidance, PEER Support, collegial interaction and ongoing feedback, all of which are critical elements in the transitioning process.

- Adelaide Health Service TPPP curriculum working party. (2011). Registered Nurse. *Transition to Professional practice Program Curriculum*. Unpublished departmental document: SA Health.
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Paula Lovell Lyell McEwin Hospital, SA

## **Book Reviews**

These texts supplied courtesy of Oxford University Press



Clinical Nursing Skills: Core and Advanced Philip Jevon, Ruth Endacott, Simon Cooper

ISBN: 9780199237838

I really enjoyed reading this book. As an Endorsed Nurse and a student I found it to be a great source of information both for the beginner, undergraduate and the graduate. It is well set out, easy to understand, clear, concise and appropriate for all nursing levels. The step by step guides and rationales for procedures are excellent and give the reader the ability to gain good understanding, including special considerations, problem solving, and complications and recognising patient deterioration.

Pictures throughout the book are clear and relevant to Australian procedures and clinical products. I found the book great for essential skills in all aspects of nursing pertaining to all the body systems for example catheter insertion, blood sugar monitoring, nasogastric insertion, ECG's, venepuncture, blood transfusions, drug administration, CPR, how to physically assess patients, pre and post op management and pain management. The glossary is also a great medical dictionary and tool

Sara Casey for medical terminology.

I can see that this book will become a valuable text that I will use extensively over the next few years of university studies.

2nd Year, Bachelor of Nursing Student Monash University, Victoria



Nursing Care of Older People: A Textbook for Students and Nurses

**Andrew Hindle & Alison Coates** 

ISBN: 9780199563111

After reading this book the most important message I can relay is – it is focused totally on the care of Older People. As indicated in the title, the book is an overview of the planning and on-going change in the care setting for older people and in health care organisations. The book pulls together a gathering of information, related references (for further reading and study), and some inside of experiences and resources needed in the professional field of older people care.

The other areas of interest covered in the book are:

(1) How to embed or sustain the capacity to continuously meet the needs of older people in a complex healthcare environment; (2) How to make the change from reactive to proactive strategies and plans for great care; (3) How to create mindsets for sustained improvement throughout the continuum of care paths for older people; (4) How to refocus and find better ways to work and continue to provide essential 'quality care' and support within the older people care environment.

The structure of the book flows from one chapter to another and I was especially impressed with the use of references and the 'On-Line learning' resources for each chapter. They are great for those of us who like to get a quick idea of the content and then focus on elements of the content which we would like to explore more fully. Don't expect all the answers – it's a Textbook! It provides a view of what is required to provide professional care for the older individual. It reminds the reader of the aspirations and ideals that initially lead many of us into nursing.

This book is a reminder of the well established path that led to the provision of high quality professional care. The training of which provided the skills and insights required to perform the duties of a professional within the healthcare setting to achieve "Great Older People Care."

Emmi Godau ANTS VIC Member

ANTS would like to thank Oxford for their ongoing support through the supply of texts for ANTS members to review.

## **WA Branch Report**

The ANTS WA Committee annual general meeting was held in December and although attendance was limited, a new committee has been voted in. The new committee consists of Carolyn Keane who is the Staff Development Educator for Critical Care at Fremantle Hospital as the WA Chair. Janet Cooke who is the Clinical Placements Officer and Lecturer in the School of Nursing at the University of Notre Dame, Fremantle Campus as the Vice Chair. Dani Barnes the Staff Educator/Coordinator Manual Handling/ Managing Aggressive at Joondalup Health Campus as the Secretary. Julie Jackson who is the Graduate Coordinator/CELO at Joondalup Health Campus as the Treasurer and Donna Rogers who is the Surgical Staff Development Educator at Royal Perth Hospital as the Membership Coordinator. In 2012 the committee plans to deliver regular education forums for members every second month, beginning in March. Details will be sent out to members shortly.



#### **Conference News**

Things are getting very exciting in Perth as we move ever closer to the National Nurse Education Conference to be held on the 11-13<sup>th</sup> of April this year. The National Nurse Education Organising Committee (see picture below minus Lisa Gatzonis) is busy planning the event so that it will be a fantastic forum for nurse educators to come together and share their ideas.

The preliminary program has been released and ticket sales are progressing well. We have organised some incredible keynote and invited speakers to address the conference delegates and the quality of the abstracts submitted for the concurrent sessions and poster displays has been very high. I am looking forward to an exciting event.



The National Nurse Education Conference Organising Committee

#### INTERNATIONAL COUNCIL OF NURSES

#### ICN 25™ QUADRENNIAL CONGRESS

18-23 May 2013 Melbourne, Australia





## **Equity and Access** to Health Care

Call for abstracts



## **Book Review**

These texts supplied courtesy of Oxford University Press



Health, Illness and Wellbeing: Perspectives and Social Determinants.
Edited by Pranee Liamputtong, Rebecca Fanany & Glenda Verrinder
ISBN: 9780195576122

This book provides a comprehensive overview in an easily readable format using a multi-disciplinary context to mirror that of international public health policy. This book may also be used as a refresher or as a prompt for higher and advanced study. The most noticeable observation on first skimming the book is the clarity and structure of the contents. The editors have been mindful of ecology at both a personal and community level which has been enhanced by the breath of contributors to the chapters.

Following the introduction, the text is divided into two sections. Part 1 – Perspectives of Health, Illness and Well-Being provides an introduction to pathogens and their impact

on health and illness, epidemiology, chronic disease, ageing and health, the impact of climate change on health and health and the living environment.

Part 2 – Social Determinants of Health, Illness and Well-Being covers the social determinants of health in terms of historical developments and global implications. Health as a social construct and health throughout the life course are also covered. Language, culture and health, and the role of media and social justice are covered here. The economics of health and disease, as well as the economics of health and disease are discussed.

This illustrates the comprehensive coverage of public health concepts contained within the text which is complimented by clear diagrams and case studies relevant to Oceania and the wider world. Lecturers / tutors will appreciate the tutorial exercises; students the prompts for reflective practice and references.

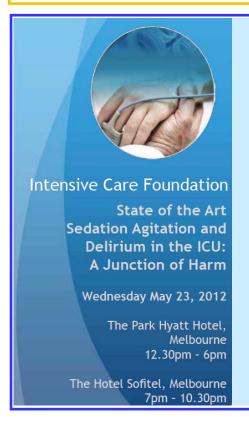
Incorporated in the text are key terms with definitions at the point of first introduction to the concept; much like a glossary interspersed through the book, however a glossary is also included at the end. 'Mythbuster' boxes counteract misconceptions and encourage readers to reconsider attitudes towards public health. A comprehensive reading list of references is included as well as direct links to internet resources.

Julie Porter

This was a book that was a pleasure to review, prompting further reflection on my own practice and attitudes to public health.

AN

**ANTS Tas Member** 



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## **SA Branch Report**



Hello all from South Australia, its hard to believe that we are already half way through February, I think we face another very fast paced year for 2012. The SA branch plan to commence activities with an AGM and meeting in early March to plan the activities that will take place in 2012. At the AGM all positions on the committee will be declared vacant and we will advise via the website of the outcome of voting during the AGM.

A number of suggestions have also been offered already for activities for 2012, and these include a study day –after the success of the 2011 day, a rural study day, education evenings and offering an SA member a small scholarship/ funding opportunity. The minutes will be available on the ANTS website after the meeting.

Members of the SA branch have answered the call for the EOI for the 2012 conference and submitted a bid. We look forward to the outcome of the EOI process

and of course hope we have success so that we are able to share Adelaide with you all.

Id also like to take the opportunity to encourage SA members to support the next NNE conference in Perth in April. Several SA Members have had papers and/ or posters accepted for presentation, so support your members and of course ANTS. Until next e-Bulletin take care.

\*\*Michelle Girdler (previously McLay)\*

SA Branch Chair\*

## **Book Review**

**Book supplied courtesy of Elsevier** 



Navigating the Maze of Research (3rd Edition)
Sally Borbasi & Debra Jackson
ISBN: 9780729540902
Published 2011, RRP \$75.00

This 3rd edition is described as an introductory research guide and although the authors do not specify, it is apparent when reading it that it is aimed at undergraduate/postgraduate students who have little or no knowledge or experience of the research process.

This is a very readable text about a subject area which can be challenging for many students. The writing style is clear throughout and the topics are well explained and evidenced. Each chapter begins with a list of detailed learning objectives so that purpose and content of the chapter is clearly understood.

The book is at a very basic level of understanding, increasing in depth and breadth of the subject matter, drawing to a logical conclusion, with a chapter on the application of research knowledge to practice. Each chapter is structured similarly with key concepts explained and examples given. Overall the book is logically structured and each chapter builds upon the previous one to enhance the readers' depth of understanding.

The chapters on Library Resources and Navigating the Net are expansive, well written and easy to comprehend. They provide the reader with a clear understanding of both resources which is not addressed as well in many other introductory texts. A contemporaneous chapter dedicated to mixed methods research is a useful addition. The book also provides links to a wide variety of valuable sites and resources for the reader to investigate further.

This book provides examples and uses resources predominantly from the Australian healthcare system, which limits its use in other healthcare settings. However, it is good to have an Australian grown research text of such high quality. I would definitely recommend this as a research textbook for my students.

Bev Ewens ANTS WA Member



www.anzahpe2012.co.nz

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# Clinical Unit Education and Communication: A New Innovation

Specific educational information and maintaining regular communication with all nursing staff in a clinical unit is often extremely problematic. At Flinders Medical Centre (FMC), collaboration between the Nurse Educator Facilitator (NEF) and the Clinical Nurse Consultant (CSC) has enabled the development of a resource page on a learning management platform, Moodle. The Centre for Nursing and Midwifery Education and Research (CNMER) through the SAH Education website (<a href="www.saheducation.com">www.saheducation.com</a>) currently manages and supports over 200 online courses and approximately 11 000 users from across the Southern Adelaide Local Health Network (SALHN) on this platform.

Ward 4D is a 24 bed comprehensive stroke and neurology unit with nursing staff who provide specialised care for acute stroke patients and those with Multiple Sclerosis, Parkinson's disease and Epilepsy. The unit also manages long term EEG monitoring.

From an educational perspective, the 4D Resource Page is designed to allow staff to access information and resources specific to their needs in the one place. The resource page can be accessed 7 days a week / 24 hours a day and from any computer which has an internet connection. Staff meeting minutes are available and only accessible to 4D staff and a monthly in service calendar is provided to notify of upcoming educational sessions. Links to other courses, websites and resources are available on the page. These include:

- -Access to annual accreditations (eg fire safety, basic life support)
- -Organisational information and priorities (eg falls prevention)
- -Links to interactive websites
- -Specific training packages for new equipment
- -Medication information provided by the ward pharmacist includes drug protocols; and
- -Information on common medical presentations (eg Multiple Sclerosis, Parkinson's Disease)

The role of the Nurse Education Facilitator is to manage the page which includes user management, identifying and developing information relevant to nursing staff needs, monthly review and ensuring web link access.

Anecdotally, nursing staff using the resource page nominated the introduction of a weekly staff information forum posting written and sent by Karalyn Ernst (Acting CSC), as the most positive outcome.

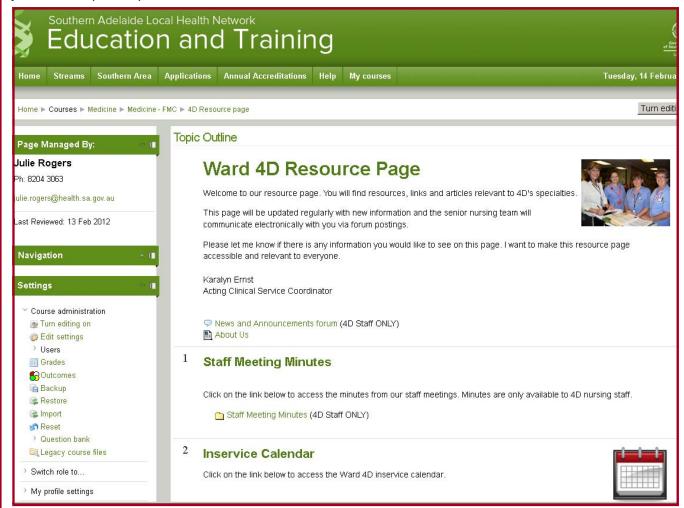


Julie Rogers (L) & Karalyn Ernst (R)

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"The staff thoroughly enjoy the weekly updates as it keeps them abreast of what's happening on the ward and of any changes. They have remarked that they enjoy being recognised for the effort they put it in and the "well done" goes a long way to making it feel all worthwhile especially when workloads are high. Emails are sent to the nominated address and staff report that they take more time in reading emails from home and that the format is easy, friendly and team orientated. In fact, they ask me where is the email is if I have not sent it by Friday afternoon!" says Karalyn.



The news forum allows an identified teacher (CSC or NEF) to send a group email to all enrolled users. The nursing staff member has the opportunity to reply to the CSC, but not to the group as a whole. This new concept of communicating with staff on a regular basis via email has been widely accepted and embraced. The forum posting provides

- -Reward, recognition and feedback to nursing staff
- -Daily clinical and management information normally provided in a communication folder
- -Short educational updates in response to identified needs regarding clinical situations
- -Organisational updates are attached;
- -General social news.

The 4D Resource Page has been instrumental in providing a 'one stop shop' for staff in the Comprehensive Stroke and Neurology Unit with the added benefit of a weekly communication forum. The flexibility and accessibility of the resource page allows all nursing staff, including those on weekends or night duty who may not be able to attend staff meetings, to remain up to date with the current ward activities.

Julie Rogers

Julie Rogers

Nurse Education Facilitator

Centre for Nursing & Midwifery Education & Research

Flinders Medical Centre, SA

## 15<sup>th</sup> Australasian Nurse Educators Conference

My main reason for attending the conference was to renew links and support our New Zealand colleagues and to promote ANTS. The three day conference was held at Wintec Hamilton, New Zealand on 23<sup>rd</sup> – 25<sup>th</sup> November 2011. Wintec is the Waikato Institute of Technology which is similar to TAFE in Australia and was attended by Nurse Educators from New Zealand, Australia and the South Pacific. Hamilton is situated about 2 hours drive south of Auckland in the North Island of New Zealand. Auckland is a short 3.5 hour plane trip from Sydney.

Sydney.

The conference opened with a traditional Maori welcome which I found very interesting as it included



Sandra Campbell-Crofts and Lisa Gatzonis

both speeches in Maori and singing of traditional Maori songs. After morning tea, the first speaker was Sir Ray Avery who provided an entertaining presentation on the technological advances his company was instrumental for developing countries. I attended a number of interesting presentations on issues currently facing nurse education. One presentation was given by Julie Porter and Charmaine Redding on developing an inhouse ejournal. I attended this session specifically to gain more information which would benefit the ANTS peer reviewed journal project. Interestingly, while discussing this issue later, Julie revealed that she was disappointed that there was no ANTS Branch in Tasmania. Since our return to Australia, Julie has agreed to participate in the launch of an ANTS Branch in Tasmania. Julie and I will announce the launch date on the ANTS website.

I feel my presence at the conference was beneficial as I was able to meet a number of active ANTS members and I encouraged many more to join. The dominant discussion points were the current applicability of the acronym ANTS in representing all levels of nurse educators and the timing of the next National Nurse Education conference in Australia being so close (5 months) to the New Zealand Conference. The Hamilton Conference was pushed later to November due to the Rugby World Cup. I don't think that anyone who attended the conference remained unaware that New Zealand won the world cup. I was fortunate to meet members of the New Zealand organisation of Nurse Educators in the Teaching Sector (NETS) and have had preliminary discussions in

Pauline Murray-Parahi, Janet Roden and Sandra Campbell-Crofts

strengthening links between ANTS and NETS.

The Conference dinner had an 80's theme which Pauline Murray-Parahi took to full advantage. It was really great to relive our youth in the 1980's. The last item for the conference was to thank the Hamilton conference organising committee for a great conference and to "hand the baton over" to the next conference organising committee which will be in held in Wellington in 2013.

Sandra Campbell-Crofts

ANTS President



### SAVE THE DATE

2012 Laerdal SUN Meeting, Gold Coast Laerdal hosts the 2012 National SUN Meeting on May 28-30 on the Gold Coast.

#### WHEN

Pre-Conference Workshops- Monday 28 May Full Conference- Tuesday 29 - Wednesday 30 May

WHERE
Sofitel Gold Coast Broadbeach
81 Surf Parade, BROADBEACH QLD 4218

#### **WHAT**

Experience 3 days of educational workshops, local and international training and sharing best practices with industry leaders Learn how to incorporate simulation into your business model and build a successful simulation plan Receive tips and tricks from peers during the many networking opportunities



## What's happening in ANTS?



#### Lots!!!

The ANTS National Executive has become increasingly concerned with the cost of day to day administration and the need to better support the State Branches. In August there was a proposal to offset the cost of the existing secretariat and fund the establishment of online administrative and event management systems. A review of ANTS administration was completed and presented to the Oct 2011 National Exec Meeting. The report is available here <a href="http://ants.org.au/ants/mod/resource/view.php?id=295">http://ants.org.au/ants/mod/resource/view.php?id=295</a>. The challenge is to minimise the cost of administrative systems and facilitate member participation in ANTS operations without regard to their home and work location.

#### Where's the Secretariat?

To implement these changes the ANTS National Exec appointed Stuart Taylor as the Administration Officer who has assumed control of the Secretariat function and will be transiting current systems to online alternatives. ANTS has a new postal address, fax number and email address. Fax to ANTS and it will appear in the <a href="mailto:office@ants.org.au">office@ants.org.au</a> email box. All mail will be scanned and sent to office@ants.org.au No more delays in accessing mail to action.

#### What else is changing?

We will be moving to a central online banking system with Westpac using online transaction and debit cards instead of cheques. Nominated Exec members would have the ability to conduct online transaction with automatic bank reconciliation. A significant burden has been the absence of an online accounting system. We will be moving our current manual books of account to a commercially support online system call XERO (<a href="http://www.xero.com">http://www.xero.com</a>). This will be supported by a fee for service accounting company. No more manual bank reconciliations and work preparing for the auditor!!!

With online banking and online accounting we will finally be able to offer online payment for membership and events via the Westpac Payway system. We have struggled for some time to synchronise our offline membership database and our online presence. The new online accounting system make enable us automate a lot of membership and web site tasks. We will be able to enhance the ANTS Web Site to provide document management and conferencing type functionality in conjunction with the above administrative systems. We hope with the saving made we will be able to include online conferencing tools and services.

#### Patience please

We were hoping key banking changes would be in place by the beginning of December, however moving from paper forms and cheques to online banking has been slow. In the future the Treasurer will be able to simply log into the online system and give people permission to perform roles. No more piles of forms to sign at the Bank at Burwood!!! We will be able to pay bills easier and process membership payment and give access to the web site in one process. However until we get some key things organized we will have to be a little patient.

#### Can you help?

Yes you can help. Be tolerant. Secondly over time, Exec members will need to take over key tasks. So now is the time to get involved. With easier systems in place we hope members will be more willing to volunteer. We are looking for a New Treasurer to give Olivia a well earned rest. Want to learn about Xero? Google it, have a look, and volunteer to be the first trained as our guru in Xero. Moodle has many features but we need member who is prepared to learn how to use it. Google it.

Want to know more? Want to volunteer? Email Stuart, post a question in the forums. Start talking amongst yourselves to think how we can each other.

Stuart R. Taylor, ANTS Administration Officer

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#### Want to contribute to our e-Bulletin?

If you have a good news that you would like to share, some interesting research results, a story about your experiences in nurse education, or perhaps you would like to comment on an article from the previous e-Bulletin, please contact the Editor. This e-Bulletin is published quarterly. The deadline for submissions and advertisements for the upcoming editions is NO LATER THAN

15th February 15th May 15th August 15th November

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