

**WESTERN SYDNEY
UNIVERSITY**



CALL OF THE MOCKINGBIRD:

Responding to maternal mental health concerns in the perinatal period

One day conference followed by Mockingbird performance 7:00pm

14 February 2018
Western Sydney University
Building EA.G.18
Parramatta South Campus

Conference Registration

Registrations are opening soon. Payment is made using the Western Sydney University One Stop system. Further information can be viewed at <http://www.westernsydney.edu.au/mockingbird>.

Registration includes full day attendance including refreshments, lunch and conference documentation.

Early Bird (prior to January 21st 2018)

Full day only	\$195.00 incl. GST
Full day plus Mockingbird performance	\$220.00 incl. GST

Standard (after January 21st 2018)

Full day only	\$240.00 incl. GST
Full day plus Mockingbird performance	\$265.00 incl. GST

Students (Full time)

Full day only	\$120.00 incl. GST
Full day plus Mockingbird performance	\$140.00 incl. GST

Mockingbird Performance Only

Standard adult rate (includes canapes & drinks)	\$ 35.00 incl. GST
Standard student rate (includes canapes & drinks)	\$ 25.00 incl. GST

For further information about conference registration please contact Rebecca Stamopoulos on telephone 02 9685 9573 or email r.stamopoulos@westernsydney.edu.au.



Western Sydney University
Parramatta South Campus, Victoria Road,
Rydalmere
To book Feb 14 email
D.Jefferies@westernsydney.edu.au

**Feb 15
Feb 16
2018
7pm**

107
107 Redfern St. NSW
To book Feb 15 or Feb 16
www.trybooking.com
Tickets \$25/20 conc

Mockingbird
Funny Business presents
A Black Comedy about Mental Health

changing minds
for better mental health

Mockingbird explores the often neglected subject of mental health through the use of humour, mask and music. A hopeful and entertaining show, Mockingbird will resonate in your thoughts long after you leave the theatre.

'This is the most wonderful show, deeply moving, hysterically funny with a twist that takes you to the darkest of places and returns you to the light.'
Alex Bonham, *What's Good*

Written and performed by **Lisa Brickell**
Music written by **Sarah Macombée** and performed by **Siri Embla**
Directed by **Ruth Dudding** and **Giovanni Fusetti**

We acknowledge the financial support of The Australian Research Council Centre of Excellence for the History of Emotions.

Australian Research Council Centre of Excellence for the History of Emotions
Australian Government
Australian Research Council
WESTERN SYDNEY UNIVERSITY

Program

TIME	SESSION AND SPEAKER
08:15 - 08:45am	Registration
08:45am	Conference Welcome Associate Professor Deborah Hatcher - School of Nursing and Midwifery, Western Sydney University
08:55am	Welcome to Country Michelle Finneran
09:10am	Disaster in pregnancy: Continuity of midwifery carer positively impacts maternal postnatal wellbeing and infant development in the QF2011 Flood Study Dr. Gabrielle Simcock - Mater Research, University of Queensland
09:50am	The growing impact of anxiety: Mental health, gastro oesophageal reflux and admission to Residential Parenting Units Professor Hannah Dahlen - School of Nursing and Midwifery, Western Sydney University
10:20am	MORNING TEA
10:50am	Stigma and help-seeking for perinatal mental health concerns: The latest guidelines, training and innovative approaches for mental health promotion. Dr Nichole Highnet - COPE Centre for Perinatal Excellence
11:10am	Acupuncture as an additional therapeutic possibility for women experiencing depression during pregnancy Simone Ormsby - National Institute Complementary Medicine, Western Sydney University
11:30am	The perfect storm of trauma: Risk factors for and experiences of post traumatic stress disorder related to birth Maddy Simpson & Dr Holly Pridis - School of Nursing and Midwifery, Western Sydney University
11:50am	Choosing to tell: Identifying families with risk and supporting disclosure Professor Lynn Kemp - School of Nursing and Midwifery, Western Sydney University
12:10pm	Domestic violence identification and support - the role of primary care providers. Lessons from the MOVE trial and future directions. Dr Leesa Hooker - La Trobe University
12:30pm	Panel Q&A with presenters
12:45pm	LUNCH
13:45pm	Practitioner Panel Discussion: Why is maternal anxiety increasing and how do we best support women? Introduction - Professor Virginia Schmied - School of Nursing and Midwifery, Western Sydney University
14:45pm	Supporting women with serious mental health problems Professor Marie-Paule Austin - St John of God, Burwood & University of New South Wales
15:05pm	Who dropped the baby? Postnatal psychosis case studies Ms Deborah Vickers - Beyond Postpartum Psychosis in Australia & New Zealand
15:25pm	AFTERNOON TEA
15:45pm	Hope for the future: Models of care to support positive mental health in Aboriginal women and families Dr Sarah Ireland - Charles Darwin University and Ms Renee Coleman , Midwifery student - Western Sydney University
16:15pm	Hope for the future - Parenting love and support for refugee women and families Dr Shanti Raman - Community Paediatrics, South West SLHD
16:45pm	CONFERENCE CLOSE
17:30PM	Pre-Performance drinks and canapes
18:30pm	Welcome
18:45pm	The story of Mockingbird Dr Diana Jefferies - School of Nursing and Midwifery, Western Sydney University
19:00pm	MOCKINGBIRD Performance Followed by Q&A

School of Nursing and Midwifery
Western Sydney University
Locked Bag 1797
Penrith NSW 2751 Australia

westernsydney.edu.au/nursingandmidwifery
sonm@westernsydney.edu.au



WESTERNSYDNEY.EDU.AU