

The Australian Nurse Teachers' Society e-Bulletin

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Edition

Vol. I Issue 4

ANTS VIC Branch Launched

We are delighted to announce that on the 3rd September, 2010, the Australian Nurse Teachers' Society launched a Victorian Branch. The VIC Branch was formed with a diverse team of highly motivated nurses from Academic and Clinical education roles, with the common goal of supporting nurse education colleagues and providing opportunities for collaborative learning and networking. The Victorian Branch are busy planning an assortment of events for 2011. More details on the VIC Branch on page 6.



Pictured left to right standing: Lisa McKenna, Jill French, Jeanette Nortcliffe, Melissa Bloomer. Seated Kelli Innes, Monica Peddle. Absent: Sue McDermott, Emidia Falzon, Julia Morphet



*Merry Christmas
and a
Happy New Year to all*

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Message from the Editor

Dear fellow ANTS members

This is my first edition of the e-Bulletin as Editor, and I am honoured to take on this important role. With such a geographically diverse membership, staying in touch and informed via the internet is an absolute necessity. As Editor, I am keen to see this e-Bulletin continue to be a source of information and sharing between ANTS members, and a place where we can celebrate innovative and creative nurse education activities. So I invite you to contribute to this e-Bulletin and share with your colleagues in education.

A little about me; I have worked in nurse education for almost 13 years in various health services across 4 states. Currently I work part time as a Lecturer for the School of Nursing and Midwifery, Monash University, Peninsula Campus, located in Frankston, VIC. For the most part of 2010, I have been involved in teaching first year nursing students in the clinical labs, and what fun we have! I absolutely love spending time with the students teaching nursing skills and introducing them to what it is like to be a nurse. It is so satisfying to see them engage in simulation and begin to 'think' and 'act' like a nurse. For me as a teacher, there is a real sense of satisfaction to see the next generation of nurses develop the passion and commitment to the profession that got me hooked back in the early 90's when I trained.

I am currently a full time PhD student, with the support of an APA Scholarship, and a Nurses Memorial Centre Australian Legion scholarship, and my research is looking at nurses *recognition of* and *responsiveness to* the dying patient in the acute hospital (non-palliative) setting.

Enough about me. I would like to tell you about a recent event I attended. I attended the Nurses Memorial Centre in Melbourne for the annual Vivian Bullwinkel Oration. Professor Philip Darbyshire was the guest Orator whose presentation was so compelling, that I feel I must share some of his words with you. He spoke on 'Heroism in nursing', and his thoughts and perspectives, along with his Scottish accent and kilt, was so entertaining and captivating that he had the audience hanging on his every word.

We all expected him to talk about the famous nurses from history, and those that served in war, and while their contribution to nursing is significant, the nursing heroes that Professor Darbyshire

described were in fact those he encountered in his nursing career, who by all other measures were just regular nurses.

Professor Darbyshire talked of his ICU nursing days, and his colleagues who cared for patients admitted with the complications of AIDS, at the time when the fear and hysteria associated with its name made those nurses caring for AIDS patients equally as 'infectious' and unwelcome. He described the nurses who more recently volunteered to care for SARS patients, knowingly putting themselves at great risk and accepting voluntary isolation in order to provide care, in the face of fear and adversity.

He also remembered nurses from early in his nursing career, such as one who he described as innovative and dynamic, who made working with children with disabilities a very positive experience. He talked of those whose commitment to nursing and passion for nurse education, left him in awe. While they were not truly famous or recognised in any other way, to him, they represented the nursing he wanted to be part of. Their passion, dedication, collegiality and work ethic made them heroes in his eyes, and they were who he aspired to be like.

His 'take home' message for the audience was that just as sports people are celebrated for their achievements, we, as nurses need to celebrate our work, because in every crowd of nurses, there are heroes.

Reflecting on his oration, what came to mind for me was the nurse educator I met in my first year of nursing, who offered a helping hand when I was struggling with my workload, and all of the 'stuff' I needed to learn. As she helped me make a bed, she told me that the day I stop learning at work is the day I should retire....and she was right. I am still learning...

Cheers

Melissa Bloomer

Editor e-Bulletin

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President's Report

This is my second President's report as President of the National Executive of ANTS. Although National Executive may appear to be quiet, my great team of Lisa Gatzonis as Vice-President, Christine Taylor as Secretary, Olivia Mulligan as Treasurer and Jan Sayers as peer reviewed journal Project Officer have been working very hard over these last few months implementing a number of changes in which to promote and strengthen the Society.

The first change is the appointment of Melissa Bloomer from Monash University as the new Editor of the ANTS e-Bulletin. Melissa has taken on this important challenge and has her own vision for the e-Bulletin which National Executive anticipates will be very exciting. Melissa takes over from Olivia Mulligan who transformed the hard copy Bulletin into the more environmentally friendly online publication. I encourage you to read Melissa's introductory editorial and her plans for the e-Bulletin.

Jan Sayers is proceeding with the peer reviewed journal project. A short questionnaire was placed on the ANTS website seeking your opinions on this initiative. If you have not done so already, I encourage you to go to the ANTS website at www.ants.org.au and submit your views.

I was honoured to attend the launch of the Victorian Branch of ANTS on September 3rd, 2010. ANTS is impressed with the dedication of this group of members who have exciting plans to provide stimulating Nurse Educational forums both within metropolitan Melbourne as well as in the rural areas of Victoria. Now that Victoria has been successfully launched, I will be encouraging the ANTS members in Tasmania to form a branch. Melissa has devoted a section of this edition of the e-Bulletin to the launch of the Branch.

At the end of each year, State Branch elections are held to elect the State Branch Committee members. I encourage you to attend these important events and participate on the State Branch committee. As I reflected in a previous ANTS e-Bulletin article, participation on these committees does not need governance expertise but a willingness and enthusiasm for the promotion of Nurse Education. I will be attending the NSW rural seminar on the 20th November at Bathurst which will also be the venue for the NSW Branch AGM and election of Office Bearers. If your state has already had their elections for 2010, consider putting yourself forward for 2011.

As outlined in the revised ANTS constitution,



participation on a State Branch Committee for a period of 12 months, allows you to nominate yourself for an office on the National Executive. ANTS is anticipating that in the future, the National Executive will move away from Sydney so as to have a more representative voice on National matters within the Society.

National Executive is in the planning stages for our next AGM which has been tentatively set for 30th April, 2011. National Executive have discussed and approved a motion to invite the Chair of each state or their proxy to NSW to attend the National AGM. This initiative encourages a more equitable voice where the States' are able to voice their concerns in a face to face meeting with the other State Chairs and ANTS members who attend the AGM in Sydney. So as to take advantage of the wealth of Nurse Education knowledge at the AGM, National Executive is planning that the educational session prior to the AGM will include an address from the Chair from each State Branch to inform the members of their progress and plans for the immediate future. I believe that the next National Executive AGM in April 2011 will be a most stimulating and informative event and I encourage you to attend the meeting if you are able.

I recently attended the Coalition of National Nursing Organisations (CoNNO) meeting in Sydney as the ANTS representative as Jacqui Guy was not able to attend. Jacqui has already indicated that she will no longer be the CoNNO representative for ANTS and I, as President of ANTS, will continue to follow Jacqui as the ANTS representative on this important peak nursing forum. Thirty-two member organisations attended the meeting, including ANTS, which was held at the College of Nursing, Burwood on 8th October, 2010. The first speaker was Mary Chiarella, the nursing representative on Health Workforce Australia (HWA). Mary outlined how the \$1.6 billion will be spent over four years on health workforce planning and clinical

Continued over page...

...President's Report Continued.

education across Australia. Mary acknowledged that due to the global financial crisis, many nurses who were to retire in 2010 did not do so and now nursing is currently in a position where many new graduates are unable to obtain positions on graduation. HWA is currently mapping and analysing current health workforce capacity. A slide presentation on the funding allocation for Health Workforce Australia can be found at http://www.clinicalsenate.health.wa.gov.au/presentations/doc/J_McGinty_presentation_20August2010.pdf

Anne Morrison from Australian Nurses and Midwives Board (ANMB) reported that this organisation had been in operations for 100 days. The introduction of one regulatory body for all health care workers in Australia has been the largest change to Australian health care since the introduction of Medicare in the early 1970's. The National Board creates policy while the State Boards implement that policy. The State Boards continue to manage the day to day activities of registration. Policies currently being examined by the ANMB include the English Language Standard, professional indemnity insurance for nurses, continuing professional development and recency of practice. The competency standards for the Enrolled Nurse are planned to be updated as they were last reviewed in 2002.

The next speaker was Amanda Adrian from the Australian Nurses and Midwifery Council (ANMC). The ANMC Board consists of five members; Debra Cerasa, CEO of RCNA; Sally Gould CATSIN; Lee Thomas ANF; Jill While, Council of Deans and a

representative from the Australian College of Midwives. Amanda advised that due to National Registration, all providers of Nurse Education at entry level need to have their courses accredited. Currently approximately 400 courses in Australia are required to be accredited. The ANMC is seeking expressions of interest from both clinical and academic nurse teachers to be part of the ANMC schedule of accreditation assessors or a member of the ANMC accreditation committees. The assessment teams will be comprised of one academic, one clinical academic and one nurse clinician. The team will have all expenses paid to visit the provider sites within Australia to complete the accreditation process. Nurses interested in these voluntary positions can go to the ANMC website

<http://www.anmc.org.au/?event=-1&query=website/Contacts>

Leonie Katecar from the National E-Health Transition Authority (NEHTA) also spoke. Currently NEHTA are supporting the infrastructure to allow computers in one health service to talk to others in other health services. Nurses need to and have already embraced E-Health. Leonie recommended that this can be improved by initiating E-Health interest groups within their individual nursing organisations; a strategy that ANTS will examine.

Please also note that the International Council of Nurses will hold their next conference in Melbourne from 8th – 12th May, 2013. All ANTS members are encouraged to attend and participate in this important international nursing conference.

Sandra Campbell

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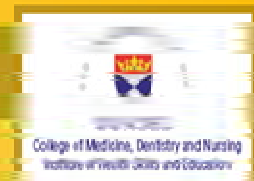
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Prato, Tuscany - 22 - 25 May 2011

Fourth International Clinical Skills Conference

Showcasing Innovation and Evidenced Based Clinical Skills Education and Practise



This international conference is designed to:

- Provide a forum for debate on research on clinical skills teaching and learning.
- Showcase research and best practice on clinical skills education and stimulate innovation in clinical skills research and development.
- Gather expert and beginner researchers for networking and the development of research and training and collaborations.

More information is available at

www.internationalclinicalskillsconference.com



Innovations in Nurse Education in Practice

**THINKING ALOUD
THINKING AHEAD**

Australasian Nurse Educators Conference 2011



Laerdal

helping save lives

Principle Sponsor

Australasian Nurse Educators Conference 2011

**Wintec, Hamilton
23 - 25 November 2011**

"Innovations in Nurse Education in Practice, Thinking Aloud, Thinking Ahead"

Nurse Educators and Nurses from all areas of nursing are warmly invited to attend the 15th Annual Australasian Nurse Educators Conference being held in Hamilton, New Zealand on the 23rd to 25th November 2011. Hamilton, New Zealand's largest inland city is situated on the banks of the Waikato River and we welcome you to experience its rich history and contrasting splendour.

The focus of this conference is on innovations in nurse education and practice for the future. Our hope is that challenges for nursing practice are identified and innovative solutions for nursing education are generated to respond to these challenges. How will we meet these challenges and how do we provide a future workforce that is ready to take nursing forward into the next decade?

Please join us in Hamilton as a presenter, promoter or participant for a memorable conference. We welcome your contribution and invite you to share your experience by submitting an abstract for a presentation or poster.

See you in Hamilton!

**For more information log on to
<http://www.nursed.ac.nz/default.asp>**

Vic Branch launched

The Victorian Branch was officially launched at Monash University on September 3rd with an inaugural committee elected as follows:

Lisa McKenna (chair)
Melissa Bloomer (secretary)
Jill French (treasurer)
Monica Peddle (education officer)
Emidia Falzon
Kelli Innes
Sue McDermott
Jeanette Nortcliffe
Julia Morphet



One of our initial goals is to build on our membership base across the state. The Committee plans to offer at least two education sessions in 2011, with one being delivered in rural Victoria and the other in metropolitan Melbourne. We are working with members to identify particular education priorities and will continue to do so throughout 2011.

We look forward to building the Victorian branch, and engagement with ANTS nationally, over the coming year.

Creative teaching for cultural responsiveness

'NUR1022 Cultural responsiveness for Health Care Professionals' was a new unit developed as a collaboration between Monash University School of Nursing and Midwifery and the Department of Rural and Indigenous Health which uses a *First Nations* perspective as a framework for understanding cultural responsiveness and the impact of culture on health and health care in multicultural Australia.

A core component of the unit was the formation of small groups to research and develop posters which identify a cultural group, their specific health needs and then creating a model for providing culturally responsive healthcare. Cultural competencies enumerated in the National Health and Medical Research Council (2006) *Cultural Competency in Health: A guide for policy, partnerships and participation*; guided students in their research and topic selection.

The posters challenged first year students to use research and produce a poster, skills rarely demonstrated in undergraduate curricula. A total of 66 posters (produced by the 268 students enrolled in the unit) were displayed in the student lounge and campus staff commented that the quality of many of the posters was equal to what is seen at professional conferences.



The Mayone Buluk prize was awarded to the student group who judges considered to have interpreted the assessment aims with the most outstanding poster in both content and design.

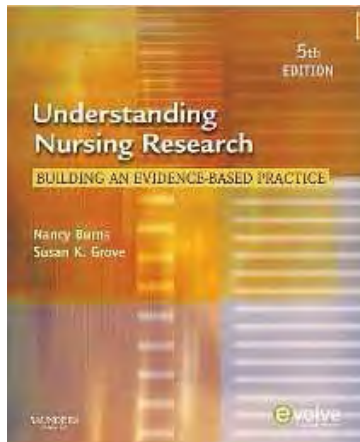
This award honoured the Boonwuring people, the traditional custodians of the land on which Peninsula Campus stands. The winning poster explored the issue of depression in Sudanese migrants and the prize winners are pictured here.

Congratulations to first year students Stephanie Lacey, Aline So and Sharni Walla on their great work.

Katrina Recoche and Susan Lee, Monash University

Book reviews

All reviewed books are available from Elsevier Australia Ph 1800 263 951 www.shop.elsevier.com.au



Understanding Nursing Research: Building and evidence-based practice. 5th edn.

Nancy Burns, Susan K. Grove

Published Sep 2010 by Elsevier

Price: AU \$110.95

ISBN 9781437707502

(Review by Melissa Bloomer)

This text has been produced by Elsevier and it is now in its 5th Edition. While published in the USA, it is very relevant as a beginning text about nursing research. It is aimed at undergraduate nursing students, emphasising the need for graduate nurses to be able to read, critically appraise and integrate knowledge gained from nursing research into their practice.

It provides a clear introduction into the purpose and nature of nursing research and how this can inform evidence-based nursing practice, where clinical expertise and patient needs and values are combined with research evidence in a way that improves nursing care.

Both qualitative and quantitative research are covered in their own chapters, and considerable attention is also given to the role of ethics in nursing research, and deciphering literature reviews, so

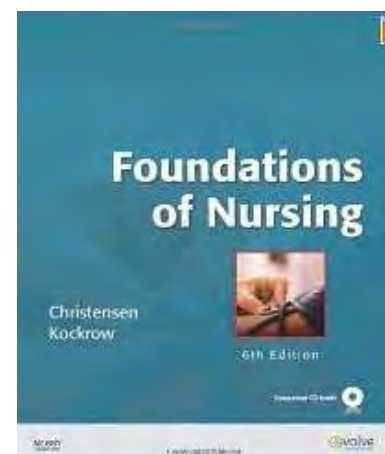
that the reader is armed with the skills necessary to critically review published research in terms of its merit, quality and applicability. Statistics and data collection tools are covered as well, with numerous examples given. A chapter is also dedicated to the building of evidence-based practice in nursing, and the barriers to this development, both practical and conceptual are spelt out.

The final chapter in this book is dedicated to 'Outcomes Research' which is described as research that focuses on the end results of patient care. The authors describe that outcomes research is often different from other types of research in that it is often more complex, with different designs and where the researchers are from a variety of disciplines including public health and finance, and where the purpose is to evaluate care quality and standards of care. This type of research has many possible uses for clinicians concerned with the quality of care delivered.

One area that is lacking exploration in this text is 'mixed methods' research, which is emerging in popularity. This type of research is more than just the combination of qualitative and quantitative approaches, it enables the nurse researcher to take a multi-dimensional approach to the identified problem or phenomena and gain a better insight into it. Given the fact that the current published research literature demonstrates its rising popularity, a chapter dedicated to this approach would be beneficial.

This book is neatly presented, logically sequenced and easy to

follow. The inclusion of many real research examples will aid those nurses who are new to research, or with minimal research exposure to be able to comprehend and contextualise the research method being described. A comprehensive glossary is also included at the rear of the book.



Foundations of Nursing. 6th edn.

BL Christensen & EO Kockrow,

Published 2011 by Elsevier

Price: AU \$101.00

ISBN 9780323057325

(Review by Sandra Campbell)

This 1400 page clinical nursing skills book contains information that is relevant and contemporary for competent nursing practice. The reading level is appropriate for a nursing student new to the profession with minimal jargon and complex terms described for ease of understanding. The 41 chapters ranging from communication skills to fluid and electrolyte management...PTO

*In teaching others we
teach ourselves.*

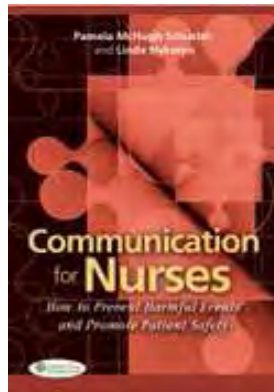
Book reviews

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...are broken into paragraphs with a bolded heading above each paragraph. Each chapter has tables and pictures to assist the student through the complex procedures, with a rationale for each step and coloured pictures assist in the explanation of the positioning of the hand. The companion CD has animations such as types of joint movements, video clips such as auscultation of the carotid artery and audio clips of vesicular breath sounds, which would be a valuable adjunct to undergraduate nursing students learning of physical assessment skills.

Unfortunately the book is written for a North American audience for example the chapter devoted to history explains nursing during the American Civil War, which has little meaning for contemporary Australian nursing. The Body Mass Index chart on page 633 is calculated in inches and pounds which again has no meaning within the metric Australian context. A number of medications are also referred to via their American names. However a positive aspect is that the extensive laboratory reference values for blood and urine and cerebrospinal fluid in the Appendix are in both North American and Australian values.

Although this book does contain some valuable information which would assist undergraduate nursing students to navigate through complex issues, the emphasis on the North American perspective reduces the books applicability to contemporary nursing in the Australian context.



Communication for Nurses: How to Prevent Harmful Events and Promote Patient Safety

P McHugh Schuster, L Nykolyn
Published 2010 by FA Davis Co.
Price: AU \$62.00

ISBN 9780803620803

(Review by Sue McDermott)

This book is a concise in-depth breakdown of communication incorporating all the fundamental facets of communication. The main drive for the book is to highlight how important communication is to nurses and how effective communication can prevent errors occurring in healthcare. The book details strategies of interest to undergraduate nurses and nurse educators as each group will gain something different from the contents, all with the purpose of improving patient safety through communication.

Each chapter is broken down in to important aspects of communication; it guides the reader through models and techniques to deal with the negative and positive aspects of communication. Captions called 'communication safety alert' within each chapter further highlight important points within the text. There is a sociological

feel to the book in that it draws the reader to look outside the square, to view how others may perceive verbal and non-verbal communication by the nurse and the patient. There are short exercises at the end of each chapter that encourages the reader to enhance communication abilities or 'build high-level communication competence' these activities facilitate to build on reflective practice and critical thinking.

There are numerous aspects to communication that are not often thought about in relation to patient safety. This book breaks down communication aspects in a realistic manner that assists the reader to gain an understanding of the importance of communication activities that are incorporated in the 'role' of being a nurse in a busy healthcare system today. This book will assist nurses and nurse educators to learn more about communicating with fellow healthcare workers or patients in a very adaptable applicable approach. The book is published for a North American audience but the book contents are very pertinent to the Australian context. As an added bonus this book could be viewed as relevant to other industries as the breakdown review approach to communication could be achievable in the majority of industries.

**Our job as nurses is to
cushion the sorrow and
celebrate the joy, everyday,
while we are 'just doing
our jobs'**

Christine Belle

Flying Solo: Life as a graduate nurse

My name is Amy Lawson, and I am a graduate nurse at Peninsula Health, Victoria. As a grad I have found the transition from student to qualified nurse overwhelming and challenging; in particular the expectations, roles and responsibilities. In transitioning, adjusting to shift work and long hours, taking on a full patient load with all the responsibility and decision making we the most challenging. Identifying acute changes in a patient's condition and reacting appropriately and quickly is also challenging. Having good problem solving skills, time management, coping with grief and loss of a patient and actually "flying solo" were all areas I found overwhelming. At the same time trying to consolidate the skills learnt at university was also a challenge.

To help cope with the many stressors of the transition Peninsula Health has a supportive network of Clinical Support Nurses who work with and support new graduates. They have been absolutely outstanding for me, providing clinical support and emotional support making my grad year positive and fun. The graduate nurse program at Peninsula Health offers four month rotations through surgical and medical



wards, helping me develop different nursing skills and increase my knowledge base. Each rotation has two supernumerary days that allow grad nurses to be partnered up with a nurse, and learn how the

ward operates, where equipment and drugs are kept, and the general routine of the ward.

Throughout each rotation we are also allocated a preceptor who we can go to with questions or for general support. They have been excellent as someone to chat with when you are having the 'shift from hell'. Peninsula Health also offers paid study days for grads which allow us to learn about different areas of nursing, new skills, and about the latest issues so that we can provide the best nursing care for our patients. We also have the opportunity to debrief at the end of each study day.

Overall the support offered to grads has made my graduate year a positive learning experience which has allowed me to become a more confident and skilled nurse. I hope to undertake a Postgraduate Diploma in Midwifery next year.

Amy Lawson (pictured)

Story supplied by Jill Jones (ANTS Vic member)

SA Branch Report

To all members of ANTS Australia wide,

South Australia is now coming to the end of the first full year as a Branch of the National body. The year has been interesting and busy for all members.

Two education evenings were held- that were well received and enjoyed by members, both diverse and relevant to our teaching development. Thanks to the speakers and presenters of these nights- without you they would have been very boring! A general meeting was held in November but unfortunately our country professional development forum unfortunately didn't get off the ground. From this many lessons have been learnt in terms of advertising, marketing, planning and so on, and we move into 2011 with renewed hope to achieve a country forum.

The SA branch membership has increased, which I believe is a credit to our members who have worked hard in recruiting, and is a positive factor in the interest in having branch access in each state. So at this stage I would also like to thank Jacqui Guy and Olivia Mulligan for the support and encouragement

they provided in getting SA running, during the latter part of 2009 and 2010.

For 2011, I believe we can continue to develop and grow the SA Branch and our members will continue to have a voice in our activities. Our general meeting will open the floor to members to discuss and plan the events for 2011. I also look forward to catching up with many of you in New Zealand at the 2011 conference.

My final thank you goes to the SA Branch Committee, in particular Lyn George (treasurer) and Carolyn Rose (Secretary), who have spent the last year being hassled by me (of course). Without their support and belief, the SA Branch would have remained a pipe dream. I wish you all a safe and Merry Christmas and of course a Happy New Year
Michelle McLay
ANTS SA Chairperson.



News from WA

Dani Barnes receives National award for Joondalup Health Campus mental health unit

Joondalup Health Campus was the winner of the 2010 APHA/Baxter Award for Quality and Excellence - Ambulatory Care Award for their innovative Family Friendly Initiative in the mental health unit. Staff from the mental health unit have taken a leading role in ensuring the unit is set up to support and enable parents to continue their parenting role while receiving treatment as an inpatient.

WA ANTS Committee member Dani Barnes, who works at Joondalup Health Campus' mental health unit as staff development nurse, and Children of Mentally Ill Consumers convener, Margaret Cook, initially dreamt up the program after Margaret's experience living with a parent of a person with mental illness. "Living with a mental illness as a parent with two young children I knew what this was like for them as I too was born to a mother with mental illness back in the 1940's. Nothing had changed in the system to help children or help parents to care for their children whilst they were parenting with mental illness," she said.

"The unit provides a family friendly space and services for consumers, parents, families who are admitted as patients. Consumers were engaged at every stage of this development."

The Joondalup Health Campus mental health unit is a 42-bed unit which provides comprehensive mental health inpatient care to adults. The unit provides support for the patients

and visiting children and guests, and has family visiting rooms in open and secure environments, toys, books and courtyard with play panels. This has enabled the patients to better understand the importance of continuing their parenting role despite their mental illness.

APHA CEO Michael Roff said the program was a positive move for parents with mental illnesses. "It is difficult to be a parent at the best of times, but if a patient is receiving treatment for mental illness, it can be near impossible. This innovative program is leading the way in helping patients meet the challenges of parenting with mental illness."

Children of parents with a mental illness are two to three times more likely to experience significant social, emotional, behavioural and mental health disorder during childhood, adolescence and adulthood. This is often related to the psychosocial consequences of mental illness, such as stigma, social isolation and relationship breakdown, rather than the symptoms of the illness itself.

The Joondalup Health Campus program gives children clear, age-appropriate information that explains mental illness and provides activities and family friendly areas so that families can spend time together while the parent is an inpatient.

The aim of this award is to recognize private hospital facilities nationally that have excelled in the provision of clinical treatment and demonstrated excellence in patient care in an ambulatory care setting.



Dani Barnes (2nd from right)

SA success

'Recognising the Deteriorating Patient' seminar



Over 300 nurses and midwives from Southern Area Health Service (SAHS) attended a free one day seminar "Recognition of the Deteriorating Patient" at Flinders Medical Centre, held in April and September. This new initiative in nursing education was the first of its kind in South Australia and was convened by Jayne Harris, Debbie Bain, Wendy Hall and Wendy Livingstone, Nurse Education Facilitators from the Centre for Nursing & Midwifery Education & Research (CNMER) with the administrative support of Kerryl Tattoli.

A conference in 2009 conducted by the Australian Commission on Safety and Quality in Health Care, identified ongoing problems in the early recognition of patient deterioration that are experienced by health care facilities throughout Australia. While there have been many proposed solutions to the problem, all initiatives highlight the need for education of nursing & midwifery staff in patient assessment skills focused to detect early deterioration.

The aim of these seminars were to revisit basic patient assessment skills within the framework of early recognition of the deteriorating patient, increase confidence in recognising clinical indicators of deterioration and ensuring timely care is received.

The seminars were well supported by sponsorship from SAHS, CNMER and Flinders Nurses Education & Research Fund (FNERF). Industry support was received from Australian Commission on Safety and Quality in Health Care, nursestuff.com.au, ego Pharmaceuticals, SA Tourism, 3M Stethoscopes, Schweppes, Haighs, Lippincott Williams & Wilkins, Elsevier and Ramsey Books. This support facilitated free registration to SAHS staff, refreshments, door prizes, including one lucky participant receiving a \$300 cardiac stethoscope from 3M.

Response was overwhelming with registrations closing early on both occasions. Topics covered included overview of the Medical Emergency Team (MET), taking vital signs, respiratory assessment, cardiac assessment and neurological assessment.

Feedback has been incredibly positive and reflects the very real need for nurses & midwives to get back to basics, reconnect with changes in contemporary practice and examine the evidence related to current patient assessment.

This seminar has generated immense interest both within state and national groups and has recently been presented at

the Recognising and Responding to Clinical Deterioration conference in Adelaide, convened by the Australian Commission for Safety and Quality in Health Care. The working party are currently acting in a consultative role in trialling national 'Track and Trigger' charts and an escalation policy within Flinders Medical Centre. In addition to this the party are working with Redesigning Care to incorporate the fundamentals of clinical assessment within the Nursing Works framework..

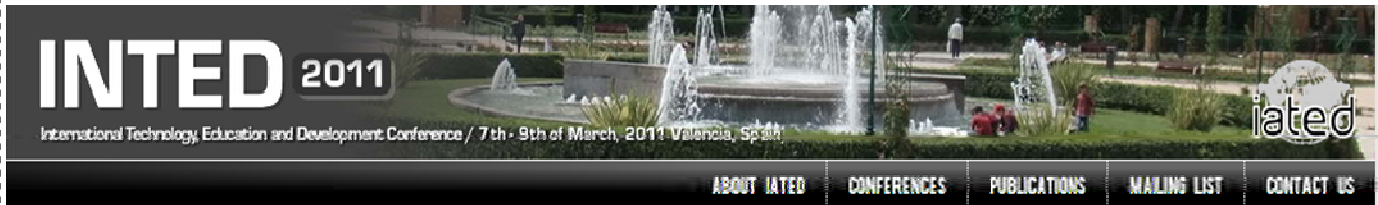
Jayne Harris, Wendy Hall, Debbie Bain, Wendy Livingstone

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An upcoming conference...



International Technology, Education and Development

INTED2011 will be an International Forum for those who wish to present their projects and innovations, having also the opportunity to discuss the main aspects and the latest results in the field of Education and Research.

The general aim of the conference is to promote international collaboration in Education and Research in all educational fields and disciplines. The attendance of more than 500 delegates from 65 different countries is expected.

In addition to the technical aspects of the programme, our website provides you with tourist information on the beautiful city of Valencia, with an enormous cultural richness and lovely places of interest. We look forward to seeing you in Valencia!

For more information, go to <http://www.iated.org/inted2011/>

Pause for thought: He who dares to teach must never cease to



If you are a clinician, educator, academic, researcher, leader or policy maker interested in hearing, or sharing, the latest updates on how simulation techniques can be used to enhance training programs and research in healthcare education, patient safety, human factors, systems design and quality improvement, this is the conference for you.

Simulation in Australia is a key area in health education, safety and quality and the next twelve months promises to be an exciting time for investment in simulation in the Australian healthcare system.

Abstract submission closes 28th January 2011

For more information go to www.simhealth.com.au

ANTS QLD

Off and running in 2010

ANTS Queensland Branch has achieved all their objectives and more for their first year. Thanks goes to so many dedicated members and colleagues for their support. A special thank you also goes from the Committee to the ANTS National Executive staff. Our first AGM report has been tabled and can be read on the ANTS web site. All current Committee members were elected unopposed and we welcome Michelle Wight (Nurse Educator -Logan Hospital) on to our Committee as well. Michelle brings not only her enthusiasm and passion for education but experience and ability as well.

Two Education events were held in 2010 for members and colleagues. Partnering to share resources was our aim.

The inaugural ANTS meeting was held in August, and jointly run with RCNA at the Wesley Hospital. The two guest speakers were Ms Anne Copeland (Chair Nursing and Midwifery Board) and Dr Kerry Reid-Searl. Feedback on the evening was very positive.

Anne Copeland gave an overview of the changes for registration, and gave plenty of opportunity for attendees to ask questions. Thanks to Anne for her presentation, and also for the support of the night and the function area.

Dr Kerry Reid-Searl presented a paper on 'partnering for success'. Kerry spoke about her own journey as a clinician and academic, strategies for promoting partnering between industry and education providers, and finding and showcasing strengths to build upon partnering relationships. Kerry also spoke about her simulation strategy - MASK-ED which is about masking the educator and masking the education process.

A **HALLOWEEN** themed Education session was held at Logan Hospital. Thanks to the Logan Team and their Executive Staff for their support and sponsoring the catering and providing the venue. The two guest speakers for this session were Vicki Lennox and Jacqui Young.

Vicki Lennox from the 'Emerging Swan Coaching Academy' spoke on how to manage change, along with teaching us a few things about spiders in the context of the session. Jacqui Young, a Lecturer from UQ presented a session titled 'From little things big things grow', and explored ways we might like to motivate our students, nurses and colleagues. Jacqui had some very interesting insights to share and directed us to John Keller's "ARCS model of motivation". I think you will all agree that if we endeavour to make our education fulfil: Attention, Relevance, Confidence and Satisfaction, then we will come a long way in improving motivation to learn and hopefully retention of learning.

The night was filled with festivity, complete with an ANTS quiz and door prizes. It was a great night.

Pictures (top to bottom):

1. Attendees at the Inaugural meeting

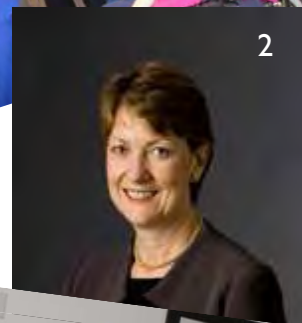
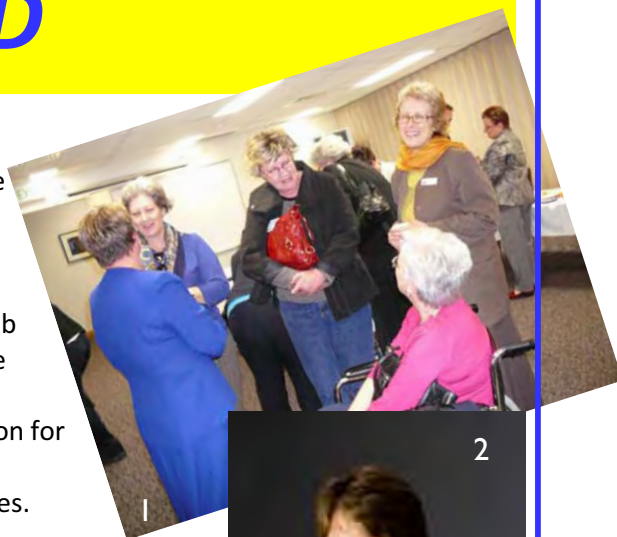
2. Anne Copeland

3. Dr Kerry Reid-Searl in her mask ith Lorraine McMurtrie (Chair ANTS QLD)

4. Thanks to the Logan team and the Executive staff for their support

5. Jacqui Young, UQ Lecturer

6. Lynda Canniford, Treasurer, Melissa Carey, Membership Officer, ANTS QLD Branch



ANTS QLD Branch

First Conference Award

Thanks to Elsevier for their generous support in assisting the set up of the award. This Special Commendation Award went to Fay Hollis-Novak-A/Nurse Unit Manager, CDMS Ipswich Health Plaza, West Moreton South Burnett Health Service District. Fay presented on 'Diabetes and Health - Better Health Partnerships'

This was Partnership model which between the Darling Downs West Moreton Health Service District and the Ipswich West Moreton Division of General Practice (IWMDGP) which supported the up-skilling of Practice Nurses in Diabetes Education. Funded by Connecting Healthcare in Communities (CHIC), the partnership was developed to support Practice Nurses to obtain the necessary hours to apply for Credentialed Diabetes Educator (CDE) status.

The model's objectives were:

- teaching/learning objective for CDE
- collaborative partnership between two organisations
- improve access to diabetes services
- meeting the need of diabetes across the District
- address the burden of disease around diabetes in Ipswich area

To participate in the Program, the Practice Nurse had to have completed the Certificate in Diabetes Education, with one year spent gaining experience in diabetes education, in both the community and acute sector. The second year sees them transition into GP clinics providing diabetes education to clients, leading towards accreditation, work as a private CDE. This was a successful partnership model, resulting in similar models being implemented in Toowoomba and Kingaroy. To date, 3 CDE's have completed the program (a 4th is about to complete at the end of 2010).



Pictured:- Fay Hollis-Novak

Bound by paperwork, short on hands, sleep, and energy...
nurses are rarely short on caring Sharon Hudacek

New ANTS members since September 2010

<i>Maria Almedia</i>	<i>NSW</i>	<i>Jacquelyn Lancaster</i>	<i>QLD</i>
<i>Alison Anderson</i>	<i>NSW</i>	<i>Kaylene Leatherland</i>	<i>NSW</i>
<i>Michael Ash</i>	<i>WA</i>	<i>Susan McDermott</i>	<i>VIC</i>
<i>Maree Bauld</i>	<i>TAS</i>	<i>Marrienne McGhee</i>	<i>NSW</i>
<i>Clare Burn</i>	<i>NSW</i>	<i>Susan Moore</i>	<i>NSW</i>
<i>Rhonda Butcher</i>	<i>NSW</i>	<i>Elizabeth Murphy</i>	<i>NSW</i>
<i>Rachel Cooper</i>	<i>NSW</i>	<i>Jeanette Nortcliffe</i>	<i>VIC</i>
<i>Michelle Cunnew</i>	<i>SA</i>	<i>Sheryl Pretty</i>	<i>VIC</i>
<i>Judy Currey</i>	<i>VIC</i>	<i>Paul Sonntag</i>	<i>NSW</i>
<i>Tamara Gee</i>	<i>TAS</i>	<i>Peter Teekens</i>	<i>SA</i>
<i>Sennur Goktas</i>	<i>NSW</i>	<i>Naomi Thompson</i>	<i>QLD</i>
<i>Christine Haley</i>	<i>NSW</i>	<i>Margaret Thompson</i>	<i>SA</i>
<i>Kerry Hall</i>	<i>TAS</i>	<i>Dianne Welch</i>	<i>VIC</i>
<i>Zita Henderson</i>	<i>VIC</i>	<i>Hanne Williams</i>	<i>QLD</i>
<i>Joyce Hendricks</i>	<i>WA</i>	<i>Katie Worst-Field</i>	<i>QLD</i>

NSW Report

Dear ANTS colleagues,

On November 20th 2010, the NSW branch of ANTS conducted its rural seminar at Bathurst in collaboration with Charles Sturt University (CSU) and Greater West Area Health Service (GWAHS). The title of the seminar was "Bridging the Gap: Theory, practice and beyond". Prof Elaine Duffy, Head of School for Nursing Midwifery and Indigenous Health at CSU opened the seminar with the Acknowledgment to Country. The seminar was divided into 4 sessions: Research; Clinical, Academia and a panel discussion with joint representatives from ANTS, CSU and GWAH.

Primarily, findings of the day were the evidence of rich and empowering experts from both the clinical and academic arena. The diversity of presenters ranged from nurse educators in critical care areas, brain injury unit, peri-operative, midwifery and medical surgical units. Academics representing CSU, Australian Catholic University (ACU), Newcastle University and the University of Western Sydney (UWS) were present. However, it was identified through the powerful presentations and panel discussion that a need exists for support and assistance from academic and research circles towards nurse educators within the clinical area.

Research being conducted in the clinical area by our nurse educator colleagues is failing to be recognised by the nursing profession due to the lack of literature being published. Furthermore, there exists a lack of dialogue between students, universities and the clinical area when nursing students are required to undertake clinical. To overcome this barrier, certain strategies were identified.

1. The need for open dialogue and clear parameters between universities and the clinical area regarding the objectives of university students on clinical.
2. Feedback from the clinical area to the universities concerning the conduct of nursing students on clinical placement.
3. Clear and defined objectives and duties of facilitators from both the universities and clinical area.

4. The establishment of mentoring programs between Universities and the clinical area pertaining to nurse educators.
5. Championing nurse educators to publish findings of their outcomes of projects currently being carried out in the clinical area.

Overall, I would like to thank the invaluable assistance from Deborah McCarthy from GWAHS, Prof Elaine Duffy, Angela Bradley, and Renee McGill from CSU. Furthermore, the ANTSNSW committee without whom, the seminar would not have been possible, Pauline Murray-Parahi, Shushila Lad, Benny Alexander, Anne-Marie Davis, Lynda Mitchell and the NSW branch secretariat Kim Armstrong.

To identify the needs of our members, a survey was recently conducted asking for ANTSNSW members to name the topics they would like to see for future ANTSNSW workshops/seminars. The number 1 topic with a 72% response rate was "Assessment and Evaluation" followed by a 70% response rate for "How to write and publish a journal article". Having consulted with our members and ascertained what your needs are, and findings from the recent rural seminar, the next ANTSNSW workshop in early 2011 will be related to assisting and advocating ANTSNSW members in identifying resources in how to write journal articles and strategies and advice in publishing. Watch this space...

Finally, I would like to acknowledge the ANTSNSW AGM that occurred following the rural seminar where I was honoured in being nominated and voted as Chair for the NSW branch for ANTS. I would like to thank the retiring Chair Pauline Murray-Parahi who has been an inspiration, motivator and visionary in her role as Chair. Her enthusiasm, humour and experience have been an asset to the NSW branch and I look forward to the challenge of attempting to maintain her passion in the role as Chair for the NSW branch of ANTS.

Kindest regards, Vix.

Vasiliki Betihavas RN, MN(H), PhD candidate
Chair ANTSNSW
v.betihavas@uws.edu.au



Dear Members,

If you missed our last event... 'ANTSNSW Inaugural Rural Seminar' in Bathurst last month, you missed a great opportunity!

As usual the **networking was priceless**, moreover the experience was both refreshing

and stimulating at the same time.

There was a lot of preparation beforehand, even the night before the event as some of the ANTSNSW committee members including Rural seminar organising committee chair Vasiliki Betihavas [pictured above right **[1]**] offers last minute instructions to the outgoing Chair [typing furiously]. Whilst Benny Alexander (ANTSNSW Treasurer) pictured sitting cross-legged on the bed laughing, laptop in front of her and typing her treasurers' report **[1]**... [presumably it was the 68% increase in NSW memberships!]

The **collegiality at the event was palpable** and the atmosphere relaxed and informal. It had the feel (excitement) of a conference yet the informality of sharing a meal with good friends. Perhaps the only missing element in the day were the students... who were expected and despite registering didn't make an appearance... too busy celebrating their long awaited semester break no doubt!? Everyone pitched in, setting up the room **[4,5]** taking care of the details - Benny *again* with the OH&S **[2]**. It is great to have people on a team who take the time to give that attention to detail...and everyone seemed to be on the same page...and for this moment in time there was no practice theory gap- no ego's- just a group of nurse teachers with a common purpose. Which left me pondering...how do we keep the momentum, the spirit of the event after the event? Stay tuned to this e-Bulletin and your new ANTSNSW Chair, Vasiliki Betihavas **[15,17]** and her team...they have a plan - and you are a part of it!

Pictures

5 & 11 Jan Whitney (picture with her daughter on far left) presented a **Facilitators' Perspective** and gave us all an account of the facilitator's role; some of the challenges and insights that can only come from a passion for nurse teaching and many years experience. It is difficult to believe that this is the first time Jan has presented in this type of forum, Initially quite apprehensive at the prospect, Jan's presentation was very interesting and generated much discussion. I just goes to show we *are* often our own worst critics and you never know your abilities until you put them to the test!

[6] Sandra Krpez presented **Ready...Aim...Fire** & with **[7]** one of her delightful children at the ANTSNSW 1st birthday dinner elected to the ANTSNSW Committee.

[8] All the way from Port Macquarie, Lyn Bowen and colleagues from Newcastle University. including Lynne Slater (middle) also a member of ANTSNSW Committee.



1

By the way...
I've got a competency in my handbag for this very procedure!



2

Hi I'm Michael Nursing/
Paramedic student...let me know if you need anything...



3

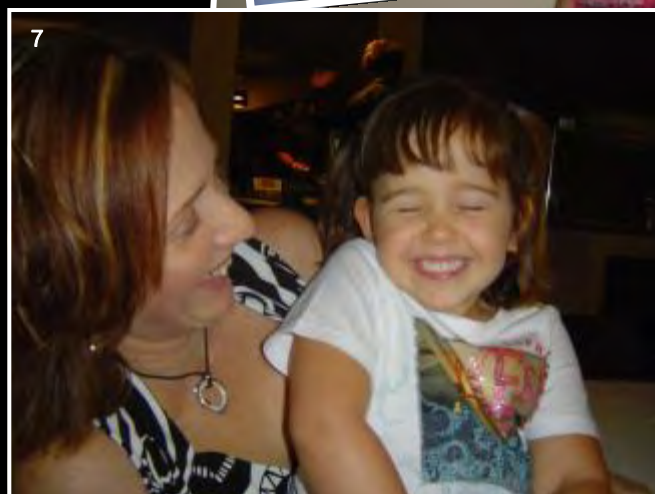
Ready....Aim...Fire!



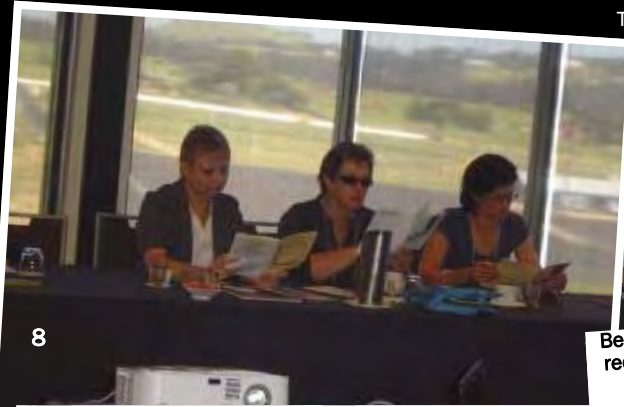
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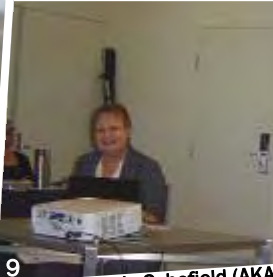
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Below: Rosemarie Schofield (AKA 'Barry') received a reward for sharing her experiences as a new academic



10



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13

Deborah McCarthy below left and above - Member of the Organising committee from GWAHS - the quiet achiever



14



15

Left to Right: Vasiliki Betihavas new Chair ANTS/SW, Shushila Lad & Benny Alexander (re-elected) committee members...and me (outgoing Chair) looking like I'm missing it already...I'm actually thinking "breath in... or smile?" ...should have smiled!



16



17



18

Vasiliki Betihavas & Shushila Lad relax after a big day conquering the theory practice gap! (PS where are the flowers Olivia?)



19

Good idea Mark! Hold onto that lovely baby of yours...Clucky past ANTS President Jacqui Guy & Shushila Lad are on the prowl for a cuddle.

ANTS/NSW Confidential

The Event...

Started with the **Acknowledgement** of traditional owners...delivered by **Professor Elaine Duffy** [23, 22, 25] the Head of School of Nursing, Midwifery and Indigenous Health. It was such an honour to have Elaine not only deliver the Acknowledgement and offer her insight on the panel but also a privilege to have her support for this event. I had first met Professor Duffy at the ANTS Rural Seminar at CSU Wagga Wagga back in 2007 and again at the L-TIPP launch at UTS in April 2009, but it wasn't until shortly before this event upon reading her online bio and the email and telephone contact that it occurred...I actually got to appreciate the *person* behind the scholar and mentor to so many nurses/nurse teachers. I suddenly became aware of her commitment and depth of knowledge about bridging the theory practice gap, witnessing her collegial generosity and humility first hand, recognising these are the same qualities I most appreciate in my own mentors / role models. I began to realise just how fortunate we were to have Elaine with us in support of this worthwhile exchange of ideas.

Our experience different yet shared somehow.

I have observed over the years that taken as a whole we as nurses generally do not fully appreciate nor understand the roles of other nurses. This notion seemed to resonate more with each presentation I heard. The speakers were able to articulate their roles and lessons learnt and all very passionate about their roles as nurse teachers, sharing their own unique experience- every presentation unique yet complimentary to the others. The knowledge that we are not alone in our daily challenges is really quite a powerful message—recognising we all are in the same boat is quite humbling somehow. I don't think I have enjoyed a seminar so much as I did this event.

Like our last event the food and the service was great and if you read my report in the last e-Bulletin... eerily similar... One of the staff at this event (like the last) was also a nursing student! However instead of making a b-line for the kitchen to avoid contact with the teachers this time the student nurse/waiter (the rural counterpart) went out of their way to make our event memorable.... Country hospitality?... or... are CSU nurse teachers putting in a little something extra into their students' curriculum?



(far left) **Olivia Mulligan**, (ANTS Treasurer & banner bearer) talking to CSU Academic; (right) **Renee McGill** - CSU (Organising committee member) & **Angela Bradley** - CSU- Panel member



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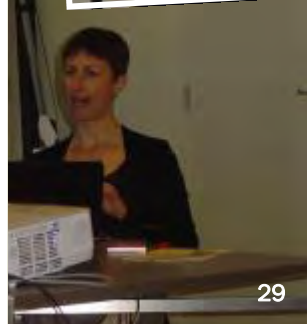
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Acknowledgements...

ANTSNSW Rural Seminar Organising Committee headed by **Vasiliki Betihavas** with representatives from ANTSNSW, Charles Sturt University and Greater Western Area Health Service.

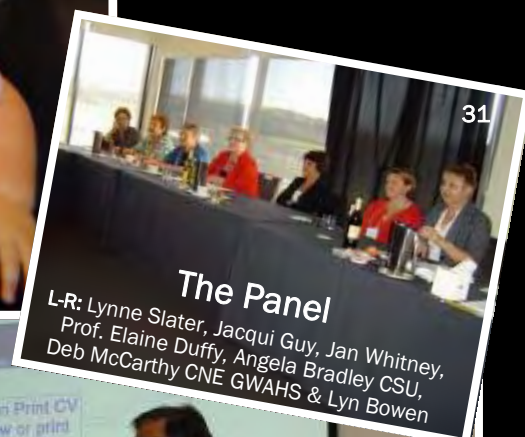
Our thanks also goes to our sponsors; **iFolio**, and **Lippincott**... Who donated gift vouchers- free one

year online professional portfolio subscriptions USBs and books and wine, respectively. To **Shushila, Owen** (Benny's Husband) & **Olivia** for taking lots of photos..THANK YOU! For more ANTSNSW events please see the ANTS website; www.ants.org.au .

A copy of the ANTSNSW Rural Seminar Program is available on the following pages.



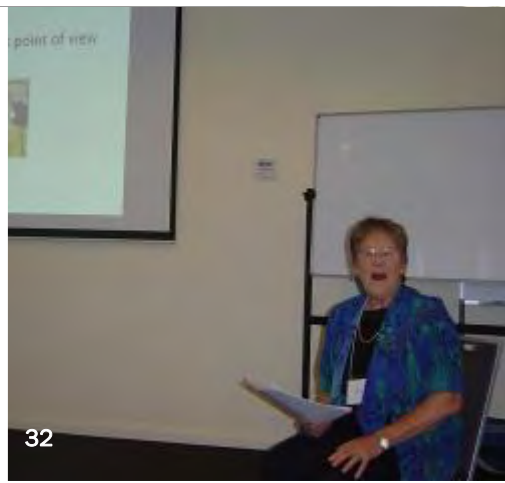
Shushila Lad ANTSNSW Committee member, presenter and 'ANT'-y with Sophie who looks like a girl who has heard this all before!



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The Panel

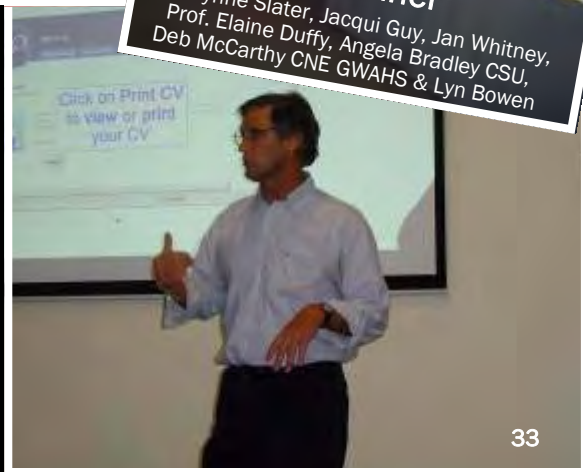
L-R: Lynne Slater, Jacqui Guy, Jan Whitney, Prof. Elaine Duffy, Angela Bradley CSU, Deb McCarthy CNE GWAHS & Lyn Bowen



32

Right: (Sophie's Dad) - also ANF WA Secretary, & iFolio spokesman in addition to one of the event sponsors, Mark Olson. By the end of his presentation I was asking "...So when are you opening a branch in NSW?!"

Left: Jan Whitney- had us hanging off her every word... Not bad for someone who has never presented at a seminar or conference before. Well done Jan...see you next year at the NE Conference, in Hamilton NZ!



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The Chairperson's report from the ANTSNSW AGM will be available online once the minutes of AGM are available.

The New ANTSNSW Committee

In closing I would *like* to acknowledge the outgoing members of the ANTSNSW branch committee - but I can't because (I am delighted to announce) they (6) are staying on! But wait there is more!...5 more in fact- 4 new members plus Sally Rickards (who is returning from a leave of absence). That's 11 in total! So what used to be the *Magnificent 7* will now be referred to as the

Awesome 11!

Introducing the 2nd ANTSNSW Committee...

Executive

Chairperson

Vasiliki Betihavas- Lecturer UWS, PhD Candidate Curtin University

Secretary

Anne Maree Davis- Nurse Education Manager, The Children's Hospital Westmead

Treasurer

Benny Alexander- CNE SSWAHS, Community Health

Committee Members

Lynda Mitchell- NE SWAHS, Westmead

Shushila Lad- CME SSWAHS, Liverpool Hospital

Sally Rickards- CNE SSWAHS, Community Health

New* Committee Members

Carolyn Ellis- CNE NSCC, Ryde Hospital*

Lynne Slater- Lecturer, University of Newcastle *

Rosemarie Schofield- Lecturer, CSU Bathurst*

Sandhya Goundar- CNE SSWAHS, Community Health*

(...One of our the new graduates we prepared earlier and now in the CNE role)...

& **Sandra Krpez**- CNE SSWAHS, Liverpool Hospital*

It has been a pleasure and a privilege to Chair such a passionate and committed group of nurse teachers. But like stepping down from the editor's position, it was a bitter sweet decision letting go of such a great role. Just as I loved designing and writing for the **ANTS Bulletin**, in doing so, I was able to pass on that knowledge and privilege on to someone else, just as passionate about it, and then watch them take it to a whole new level. I refer of course to **Olivia Mulligan** who after making her improvements has recently handed over that role to **Melissa Bloomer**, who is now refining it even further and making her own unique contribution. It's a bit like that in our nursing careers, we need to celebrate when we learn something new that we can pass on to others who can turn it into something even better! After all it's the consumer who ultimately benefits...in our case this is the **ANTSNSW** members. As much as I enjoy thinking I can do it all and in a sense we do like to have it all - The good news is that..I **can have it all!** - But just **not all at once!**

As a wise mentor said to me the other day- when I was lamenting about the satisfaction of creating my quarterly reports and leaving such a wonderful group, she said...

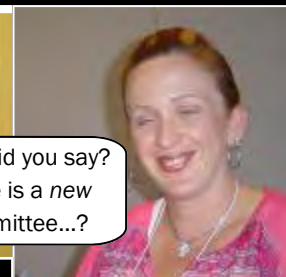
"Don't worry Pauline... it will come around again"... I agreed but didn't realise until later she wasn't necessarily referring to the Chair of ANTSNSW or even the editor for that matter. Of course being a very wise mentor she understood very clearly what I would miss... (but I couldn't articulate it until now)...is the *experience*.

It is always the experience! The experience of sharing, creating, learning, teaching, being challenged, and appreciated but most of all, **connecting with likeminded passionate nurse teachers!**

Indeed it *will* come around again. And as I complete my final ANTSNSW report—my 4th- I think about my next challenge—my PhD candidature, which waits for no one..particularly me!



New ANTSNSW Chair **Vasiliki Betihavas** & outgoing Chair ...what's her name?



Sandra Krpez*



Sandhya Goundar*



Sally Rickards



Lynda Mitchell & Ann-Maree Davis



Vasiliki Betihavas & Shushila Lad



Rosemarie Schofield* &



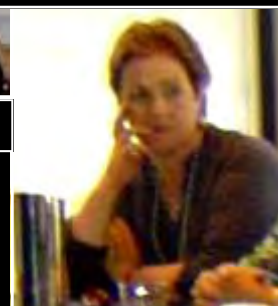
Benny Alexander- Treasurer



Some of the new ANTSNSW committee **already** in planning mode!



Carolyn Ellis*



Lynne Slater*

So it is with a little less regret I leave to finally prepare for my confirmation of candidature– a new and exciting challenge, and I pass on this role and the same honour which (another) wise mentor once offered to me.

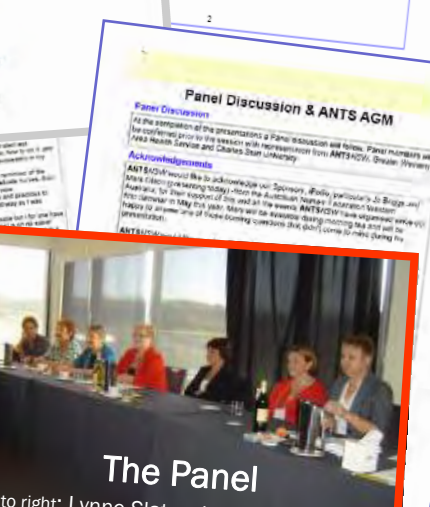
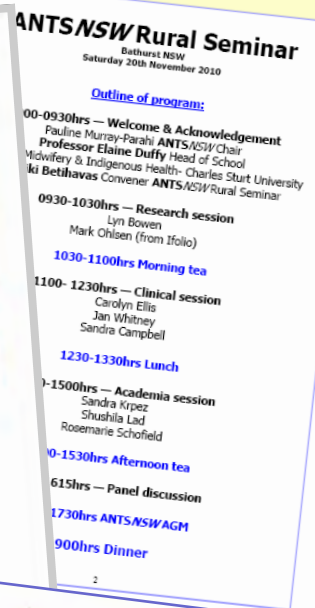
I now hand over to fellow PhD student/mentor, friend, colleague and (well chosen) **ANTSNSW** successor **Vasiliki Betihavas**. It is now *her* privilege. She and the past committee have served the ANTS members of NSW well over the last year and have accomplished so much in a relatively short space of time, and of course grown personally and professionally as a result of their service. So now they are taking the experience for **ANTSNSW** members (and themselves) to new heights.

So if you would like to be a part of making nurse teaching history too, you might want to consider nominating for a place on the committee at the next AGM, November 2011. However, if you can't wait that long– perhaps join one of the **ANTSNSW** subcommittees...for more details contact **ANTSNSW** Chairperson, **Vasiliki Betihavas** (details provided page 15).

Last but certainly not least, I would like to acknowledge past ANTS President **Jacqui Guy** for being gracious, yet insistent enough to ignore my whining...“I can't chair...I'm not cut out for that!” and nominate me for the position in the first place.

I will always be grateful to **Jacqui** for having faith* in me (*belief in something for which there is no empirical evidence – **yet**) and also the **ANTSNSW** committee for allowing me to be myself in the role. Thanks **Jacqui**, Thanks **ANTSNSW** ! :))

Pauline Murray-Parahi
CNE SSWAHS Community Health
ANTSNSW Chair (2009-2010)
P.Murray-Parahi@curtin.edu.au



The Panel
Left to right: Lynne Slater, Jacqui Guy, Jan Whitney, Prof. Elaine Duffy, Angela Bradley CSU, Deb McCarthy CNE GWAHS & Lyn Bowen

ANTSNSW

Wish to thank **Greater Western Area Health Service & Charles Sturt University**, our industry partners for their support and collaboration & to our

Sponsors **ANF WA-iFolio & Lippincott** for their generous support of the **Inaugural ANTSNSW Rural Seminar**

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Want to contribute?

If you have a good news that you would like to share, some interesting research results, a story about your experiences in nurse education, or perhaps you would like to comment on an article from the previous e-Bulletin.

If so, please contact the Editor.

This e-Bulletin is published quarterly. The deadline for submissions and advertisements for the upcoming editions is

NO LATER THAN

15th February

15th May

15th August

15th November

(exceptions possible with prior arrangement)

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