

The Australian Nurse Teachers' Society e-Bulletin

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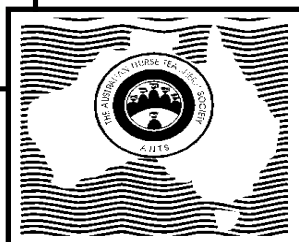
Edition



INSIDE THIS ISSUE

President's Report	2
Baltimore Conference Report	3
Verbal Communication and Overcoming Barriers	7
Branch Reports	8
EOI for Peer Review Members	10
Guidelines for Contributors	12
Packed and Ready Update	14
Conference Diary	15
In Closing ... from the Editor	16

ANTS



Working Together for the
Future of Nursing Education

PRESIDENT'S REPORT

NOVEMBER 2012

As it comes to the close of 2012, I reflect on the past year and realise that a vast amount of 'behind the scenes' progress has been achieved for the Society. We would like to acknowledge the hard work, patience and commitment of our Branch Committee members who have continued to support their membership and the National Executive through this transition period. We acknowledge that the majority of the membership would not be aware of work that has been undertaken as the tangible outcomes have been related directly to the administration of the Society. Now that we have established these processes, we will be able to direct our attention to supporting our Branches to increase benefits and direct outcomes for our membership.

The past few months have been very busy for the National Executive. In addition to our regular meetings, we met for two full days to review the 2010 Constitution and Board Charter. With all the changes that have occurred in the Society of the past few years with the establishment of Branches across Australia, the implementation of our Administrator to replace the Secretariat, and the transitioning of all our membership and financial records to electronic format, many of the processes in the current Constitution and Board Charter have become outdated and obsolete. Consequently, the National Executive have reviewed these documents and will be forwarding these to our Branch Committees to review. We then plan to post them onto the website for all members to have access so they can review and make comments prior to ratifying these documents at our AGM in April 2013.

With our new membership processes, we are now sending reminders to current members for renewals and the number of lapsed or un-financial members is reducing. We have approx. 500 registered members with 353 current and financial. Access to information relating to State membership has also improved, historically our Branch Committees relied on email updates to view their individual Branch membership information, with the online membership processes established they now have direct access at anytime to their current Branch membership details on the ANTS website.

CONTINUED PAGE 6

CONFERENCE REPORT

INTERNATIONAL NURSE EDUCATORS CONFERENCE 2012 BALTIMORE MARYLAND, USA

In June 2012, I was fortunate to attend the 4th International Nurse Education Conference in Baltimore, Maryland, USA. Having participated in the 3rd Conference in Sydney, I was looking forward to meeting colleagues and learning about the advances in nursing education.

Baltimore was a wonderful venue, the conference facilities were right on the Harbour. Baltimore was celebrating the 200 year anniversary of its war with Britain. The 1812 conflict lasted for two years. The Sailabration included the arrival of a fleet of tall ships, with a focus of party activities all around the Harbour. It was a wonderful atmosphere for an international meeting, see the YouTube video: <http://www.youtube.com/watch?v=pfFmBhzGqqM&feature=related>

The conference was opened by Professor Michael Bleich who is the Dr Carol A Lindeman Distinguished Professor at the Oregon Health & Science University. Professor Bleich provided an inspirational address using Edgar Morin's seven complex lessons in education for the future. In this address, Prof Bleich emphasized the value of learning about knowledge and forms of knowledge as well as knowledge for doing. He raised our thinking about the relevance of knowledge for nursing, how we can teach about the human condition while staying focused on evidence-based practice, the importance of being able to confront uncertainty and comprehending the practice of teaching.

Given my increasing work in ageing and aged care, I focused my attention in this area. I attended the symposium on Frontline nurse immersion into evidence-based practice that was focused on gerontology care in a large acute health service facility in Houston Texas. The three presenters described a facility-led program for the development of nursing practice around the care of elderly patients. The first presenter, Dr Claudia Smith outlined the theoretical framework and practicalities of setting up the project. The second speaker, Geraldine Jones is an educational specialist and she described the program and the pedagogical underpinnings. The program included two one-day seminars, held about one month apart on the topic of gerontological aspects of care in hospital. Then six, two-hour interactive seminars on evidence-based practice were held where participants shaped a

CONTINUED PAGE 5



Te Papa, Wellington

9 - 11 October 2013

16th Annual Australasian Nurse Educators Conference 2013

Just like the winds of Wellington are always in motion, so is nursing and nursing education with a conference focus on three streams:

- Whirlwinds: Technology and learning
- Winds of Change: Innovations and collaborative learning
- Following the Jetstream: Nursing Education in the global village

KEY DATES:

- Abstracts are due by 1 March 2013
- Abstract acceptance notification 31 May 2013
- Early bird registration closes 31 May 2013
- Standard registration prior to 12 August 2013
- Late registration after 12 August 2013

Hosted in partnership between Whitireia Community Polytechnic, Capital Coast District Health Board, and Massey University



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International Nurse Educators Conference 2012, Baltimore Maryland, USA - Conference Report

practice development project with support from the educator and researcher. The third presenter, Jessica Veloz, is a registered nurse on one of the participating units. Jessica presented the work her team did on mobilization of older people in hospital. The project included a chart audit before and after an intervention to encourage mobilization within the first three days of admission.

Other presentations focused on developing innovations such as the Dedicated Education Units, transition to practice programs, translating evidence into practice, and using art in our teaching. There were other presentations focused on more traditional approaches such as reflection, clinical supervision, and faculty development/ performance.

I did not get to the pre-conference events on publication and leadership development but those who did indicated that these were useful for their learning. The Fringe Events were great opportunities to network with colleagues and added to the richness of the conference experience.

Another highlight for me was the way that the posters were presented. Small groups of us could go to poster sessions and talk with the authors about their ideas and participants were able to exchange business cards, with opportunities for international collaboration much easier to secure than in the concurrent sessions.

One of the gaps for me was the lack of keynote speeches. I appreciate a well-argued commentary on the value of education and educational innovation and research for health care generally and nursing practice specifically and I missed this at the meeting. Besides the opening and closing addresses, there were few opportunities to be challenged by leaders in the field to think differently about our work.

Overall, this meeting was an excellent opportunity to meet old colleagues and develop new networks. I thank the ANTS executive for their financial support through a travel scholarship. I strongly encourage ANTS members to attend at the 5th International Nursing Education Conference in 2014. The venue and dates are still not finalized.

Laurie Grealish RN PhD

Associate Professor in Nursing

The Pearson / ANTS Nursing Educator of the Year Award Recognising Educator Excellence

Watch out for website posts in the next few weeks regarding the opening of nominations for this award.

Closing date will be toward the end of February so you can spend some time over the Summer break formatting your submission – Good luck to all who submit! I am sure the \$3000 prize will be appreciated.

PRESIDENTS REPORT CONTINUED FROM PAGE 2

We continue to promote the Society to the wider nurse education community through the distribution of flyers at conferences and seminars with the most recent being in Hobart, Tasmania.

Many of you may have noticed that advertising for the Pearson / ANTS Nursing Educator of the Year award nominations has not occurred as yet. Earlier in the year, we opened discussions with our Pearson representative to request a review of the award criteria as currently many of our members do not meet eligibility. We have recently come to an agreement on an updated selection criteria and you will see the opening of applications advertised on the website very soon. Also, don't forget ANTS offers professional development scholarships with four closing dates during each year so get in early for 2013.

The National Executive are looking forward to 2013 with plans to establish improved communication strategies ensuring regular contact with our Branch Committees via teleconferencing and webinars.

Wishing you all the best over the Summer months, a Merry Christmas and a happy beginning to 2013.

Lisa Gatzonis

Australian Nurse Teachers Society President



VERBAL COMMUNICATION AND OVERCOMING BARRIERS

Communication is an important part of any job and if we cannot relay our message the efficiency of the work required to do that job falls below expectations. Respectfulness, assertiveness, clear, empathetic, attentive, honest and non-judgemental are skills that can be improved on and learnt continually as we listen to and reflect upon conversations had in our everyday nursing practice. 38% comes from the way we say things, 55% comes from our facial expressions, and only 7% comes from the spoken word itself. The Merriam-Webster Medical Dictionary defines communication as the act or process of transmitting information.

In Nursing, communication is a sharing of health-related information between a patient and a nurse, with both participants as sources and receivers. Information may be verbal or non-verbal, written or spoken, personal or impersonal, issue-specific, or even relationship-oriented to name a few. The power of creative and effective nursing care is strengthened by good communication skills. Words can put a patient at ease and commence a productive relationship .

From employer to employee to the patients under our care, the method in which we are expected to relay and understand messages is of the utmost importance. The many barriers that people employed in the nursing profession face can be neurological dysfunction where the brain is involved, people with disabilities preventing the spoken word, conditions affecting speech, mental health clients, children and adolescents, patients and staff where English is their second language and any condition where cognitive function is compromised. In all of the before mentioned scenarios the ability to convey what is required and the response that is needed to help with all aspects of nursing care can be severely compromised. Communication techniques are varied according to what the situation demands. Clients who have English as their second language are disadvantaged as we, the staff, cannot always alleviate their fears and frustrations. Miscommunication happens as the pronunciation of medical jargon is not understood, making the patient feel confused and intimidated. With the ever increasing population of the elderly being admitted to hospital, extra time appears to be needed for them due to them being slow to move, frail of body or with hearing and sight problems.

Those of that generation tend to want to spend extra time having a chat to the staff at interventions.

CONTINUED PAGE 11

QLD BRANCH REPORT



Over the last year we have been building membership slowly. Thank you to all. In saying this it would be remiss not to mention the successful member who assisted an initiative to grow membership through our campaign 'find one join one'. The \$50.00 book prize goes to Jeannette Kassulke (Educator Logan Hospital) for her valued support not only in growing membership but also supporting the ANTS committee. Over the last month it has been difficult times in the health arena in Queensland, however a wonderful night was spent with our colleagues from the Australian College of Nursing (ACN/RCNA) Queensland Chapter at our annual Christmas in July function which had the pleasure to hear our newly appointed Nursing and Midwifery Officer Dr Frances Hughes share some valuable messages to us all as well as the Queensland ACN Chapter Chair Ms Sue DeVries overview the changes with the amalgamation of the RCNA and the College of Nursing. We did appreciate their sessions. An overview is as follows of Dr Hughes talk forwarded to share by Colleen Bell (Educator- Gold Coast Hospital and Health Service) which is greatly appreciated.

ANTS QUEENSLAND "XMAS IN JULY 2012"

When about forty-five nurse teachers got together to share some 'Xmas' cheer and social interactions on 20 July this year they were not expecting quite the reminder they received. As nurse teachers we rather pride ourselves on being innovators and 'stirrers' of the 'status quo.' Dr Frances Hughes, Chief Nursing and Midwifery Officer of Queensland, invited us to look at what we do, when there is so much still to be done, to advance the cause of nursing here at home as well as abroad. She advised us that we need to evaluate nursing education influences on the quality of nursing care and to identify the effect of education on patient outcomes. Dr Hughes counselled us that we need to create a vision of how education enables nursing and midwifery to make a difference and that we need to

CONTINUED PAGE 10



TAS BRANCH REPORT

ANTS TAS commenced in July 2012 with their inaugural meeting. At this stage due to work commitments there is minimal to report as the committee look to plan a meeting early in 2013.

Wishing you all a Merry Christmas and Happy New Year.

Amanda Reilly
Secretary, ANTS TAS



SA BRANCH REPORT

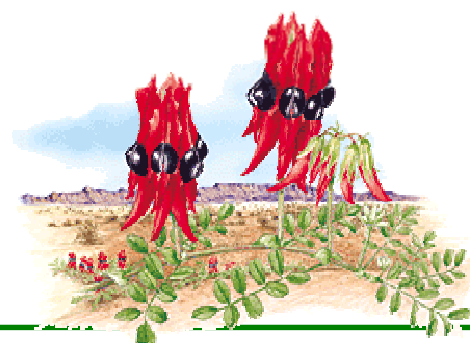
Dear Members, as 2012 comes to a close I would like to thank the committee for the hard work they have put into further developing the SA branch during the year. In early 2012 we saw a change over of some of the committee members – to the original outgoing committee I want to say- If it wasn't for your commitment ANTS SA may have never got off the ground – so well done and thank you To the new committee – thank you for your willingness to join the to take on the roles that keep ANTS SA branch going.

Unfortunately the planned study day didn't get off the ground- this was disappointing as a great deal of work was put into the planning. So members if you want education events you need to be prepared to support these. It's your professional group-Let us know what you want for in SA during 2013 Email myself or Karen Simunov and we will pass your thoughts on to the committee.

SA also won the right to host the 2014 NNEC and a group are working hard at planning for this exciting event. The conference will be held at the Adelaide convention centre in the heart of Adelaide- only a short trip to the wine district or our beautiful south coast or Kangaroo Island. So plan a few days to stay when you come over in May 2014! Further updates will start coming through for 2013 regarding NNEC – so I hope to entice many of you here.

I would like to wish everyone a safe and happy festive season (but don't get too merry). See you all in 2013

Regards Michelle Girdler
President, ANTS SA



EXPRESSIONS OF INTEREST (EOI) FOR REVIEWERS

EOI for reviewers for the peer-reviewed content of the ANTS e-Bulletin.

ANTS e-Bulletin is pleased to announce an EOI for peer-reviewers to support the editor of the ANTS peer-reviewed section of the e-Bulletin. The ANTS e-Bulletin is currently a non-refereed publication of interest to nurse educators working in a range of environments across Australia. In order to support and nurture new writers and broaden the focus and readership of the e-Bulletin it will now accept manuscripts for the new peer-reviewed section. To support this process the EOI is for nurse educators/academics to act as reviewers to both support and facilitate the publication process.

EOI AND A SHORT (TWO PAGE CV) SHOULD BE SENT TO DAVID STANLEY VIA EMAIL

BEFORE JANUARY 31ST 2013 AT david.stanley@uwa.edu.au

QUEENSLAND BRANCH REPORT - "XMAS IN JULY 2012" CONTINUED FROM PAGE 8

stimulate discussion and debate about these subjects. We were given a gentle push to check our beliefs about our role not only in policy development but also in political development and to realise that, as a group, nurses have the numbers to push for change. She pointed out that to enable this, we should translate scholarship and research into the language of the decision makers, so they can understand what we want to achieve and how it will benefit them. Also, Dr Hughes advised that the



nursing profession, as a group, needs to form strategic relationships with other professions, so as to be heard and to be effective in the political arena, which can have a very direct effect on what we can or cannot achieve. Dr Hughes shared with us some of her adventures developing nursing in New Zealand, and touched briefly on the bicultural nature of nursing there, which we also face in Australia. In all it was a really great time of networking, sharing experiences and enjoying the company of like-minded people.

Lorraine McMurtrie
President, ANTS QLD

NEW TO THE E-BULLETIN IN 2013!

ANTS is please to announce the development of a peer-reviewed section in the ANTS e-Bulletin. As such the editor of the new peer reviewed section is seeking original, previously unpublished articles from ANTS members.

Manuscripts are invited on contemporary clinical or academic education issues, workforce issues relevant to nurse education, and educational research of interest to ANTS members.

New and nephrite writers are encouraged to submit their work for consideration. *Guidelines for Contributors* can be accessed on page 6 of this issue OR at the link on the ANTS website OR by direct contact to the Peer Review section editor via email to David Stanley at david.stanley@uwa.edu.au

VERBAL COMMUNICATION AND OVERCOMING BARRIERS **CONTINUED FROM PAGE 7**

Those of that generation tend to want to spend extra time having a chat to the staff at interventions. Involving patients in the hand over each shift, makes them feel included in the decisions made about their ongoing treatment and care. People don't like being ignored; a happy patient makes for quicker recovery and discharge. Time spent dealing with people with an acquired language disorder called aphasia cannot be rushed as the patient is unable to control the effects of the damage that's been done to their brain, thus another barrier to effective communication.

In conclusion effective communication is imperative due to the problems that arise from varying complaints that each patient presents. If nurses had more time and less of a workload, communicating would be easier. This includes patients who are disabled in some way, the elderly, people who have a language barrier due to a cognitive impairment, or those who have English as a second language. Effective communication requires diligence, persistence and understanding.

Vicki Scherr
Advanced Diploma Student

GUIDELINES FOR CONTRIBUTORS

The ANTS e-Bulletin is a non-refereed publication of interest to educators working across Australia.

In order to support and nurture new writers, the e-Bulletin will accept manuscripts for peer-review and publication within a new section of the e-Bulletin.

Original, previously unpublished articles from ANTS members are welcomed. Manuscripts are invited on contemporary clinical or academic education issues, workforce issues relevant to nurse education, and educational research of interest to ANTS members.

REVIEW PROCESS

All material submitted will first be subject to brief editorial review for appropriateness, followed by a process of double blind peer-review by two reviewers. As such in the first instance send the manuscript to david.stanley@uwa.edu.au

PREPARATION AND SUBMISSION OF MANUSCRIPTS

Articles should comply with the following:

- 1500 - 4000 words in length (excluding abstract and references)
- Double line spaced; left justified; a 30mm margin on all sides; pages numbered consecutively;
- Appropriate headings and subheadings should be used consistent with the style of the paper, such as Introduction, Background, Literature review, Method, Results, Conclusion / Implications for practice;
- Each diagram, graph and table should be clearly labelled and provided on a separate page. The exact placement of these in the text should be identified in the paper.

A cover sheet should be submitted as a separate attachment which lists the following information:

- Title of the paper;
- Name in full for each author; title, qualifications and current position for each author;
- Address, contact telephone number and email address of the contact author;
- word count (excluding abstract and references);

CONTINUED PAGE 13

Guidelines for the Peer Reviewed section of the ANTS e-Bulletin are available at www.ants.org.au

Peer Reviewed section in the ANTS e-Bulletin
Guidelines for Contributors SA Branch Report continued from page 12

ABSTRACT AND KEYWORDS.

An abstract of up to 250 words maximum should be included. The abstract should be informative and report on the key aspects of the publication and include the methodology and key findings of the paper. The abstract should not contain abbreviations or references. Up to five keywords can be provided.

ACKNOWLEDGMENTS

The acknowledgement of colleagues who are not named as authors should appear just before the reference list. The source of any funding or any potential conflict of interest should also be declared.

REFERENCES

The author is responsible for providing accurate references. Referencing must follow an Author-Date style, such as APA (American Psychological Association). The reference list must include details only of those works cited in the text, and all references cited in text must be listed.

SUBMISSION OF MANUSCRIPTS.

All manuscripts, and related correspondence should be submitted via email to the Peer Review Section Editor. The peer-review process will be managed by the Peer Review Section Editor. It is anticipated that authors will receive feedback or a decision on the manuscript within 6 weeks of submission.

FOR MORE DETAILED INFORMATION OR ASSISTANCE, CONTACT:

e-Bulletin Peer Reviewed Section Editor David Stanley

david.stanley@uwa.edu.au or Telephone: 08 6488 1224

PACKED AND READY [UPDATE]

The member story “Packed and Ready” from Samantha ELLIOTT the Regional Nurse Educator for the Far West Local Health District (FWLHD) in the previous e-Bulletin was absent a photograph due to technology.

I have included a brief excerpt: ... There’s barely any room left once I have loaded all the toys into every nook and cranny I can find. ... all manner of bits and pieces! The FWLHD covers an impressive 194,949 square kilometres. ... I’m fortunate enough to be able to travel to all of these sites on a regular basis to deliver education and training to staff working within them. It’s a fantastically rewarding job I have to say!



CONFERENCE DIARY

'Then, Now, The Future: United in Professional Voice: 14th National Breast Care Nurse Conference

28 February - 1 March 2013, Melbourne

A focus on best practice for the care of women with breast cancer from diagnosis to palliative care.

<http://www.bcnconference.net.au/>

3rd Annual Developing the Role of the Nurse Practitioner Conference

21-22 March 2013, Melbourne

To better understand, utilise and grow the role of the nurse practitioner in their health service to positively influence patient care.

<http://www.iir.com.au/conferences/healthcare/developing-the-role-of-the-nurse-practitioner>

12th National Rural Health Conference

7-10 April 2013, Adelaide

Timely analysis of where the health and wellbeing of rural Australia stands in relation to health reforms, health promotion and health services.

<http://www.nrha.org.au>

'Equity and Access to Healthcare: International Council of Nurses 25th Quadrennial Congress'

18 - 23 May 2013, Melbourne

Highlighting the critical importance of equity and access to health care for communities and individuals, demonstrating how nurses are key to ensuring equal access and quality of health care for all.

<http://www.icn2013.ch/en/programme/programme-at-a-glance>

Australasian Nurse Educators Conference Purposeful partnerships for practice

9-11 October 2013, Te Papa, Wellington, New Zealand.

Effective and purposeful partnerships and collaborative approaches provide the opportunity to contribute different expertise to nursing workforce development with (3) streams: Technology and learning; Innovations and Collaborative Learning and Nursing Education in the Global Village.

<http://www.nursed.ac.nz>

'Inspiration, Innovation and Education: Quality & Research in Nursing & Midwifery Practice'

17 - 18 October 2013, Newcastle

A forum to share knowledge and experiences of innovative nursing and midwifery led projects which improve quality of care.

<http://www.nursingmidwiferyconference.com.au/index.php>

In Closing ... from the Editor

It seems just last month that I was editing the Spring e-Bulletin and the season has changed to Summer with Christmas and the New Year around the corner, hence the e-Bulletin colour theme of Red and Green.

As we pass through the season each year education priorities change ... new students and staff in the first half of the new year to orientate and transition followed by the second half of the year with forward planning and farewell to those completing rotations. Throughout the year we have peaks and troughs as the face of healthcare is continually changing and we need to re-invent ourselves and the direction we are heading for the future of nursing education in all sectors.

Traditionally many in-house education departments also close over this period, however this often means a lack of support or direction as often the more junior staff are rostered in fiscal times. As I work a 5-day roster I have chosen to be available (as per 2011) and cross my fingers and toes that I can have quiet time to "catch-up" and prepare myself before 2013 begins.

The cover page depicts patients and staff at the 1940, Royal Prince Alfred Hospital Christmas Party as shared through 'flickr®'. Healthcare is a 24/7 business and although selected clinical areas close for several weeks other areas remain functioning with patients unable to go home. It stirs my memory as a nurse in the wards when a Christmas was shared with those unable to be at home with family, the rotations and allocations annually for choosing between working Christmas or New Year and always in hope of being allocated leave over this period.



Medical Christmas Tree Post Card.
www.zazzle.com

Wishing you all a happy and safe Christmas and New Year and look forward to sharing your stories or those of your students in 2013.

Karen

Karen Simunov
e-Bulletin Editor

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karen.simunov@health.sa.gov.au



Merry Christmas and a Happy New Year from the ANTS Committee



The Australian Nurse Teachers' Society

2012– 2013 National Executive



(ANTS Committee and Members: (L-R) Jann Foster, Sandra Campbell-Crofts, Lorraine McMurtrie, Lisa Gatzonis, Christine Taylor, Stuart Taylor)

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2014 NNEC Conference Organiser Michelle Girdler Email: michelle.girdler@health.sa.gov.au

Want to contribute to our e-Bulletin?

If you have a good news that you would like to share, some interesting research results, a story about your experiences in nurse education, or perhaps you would like to comment on an article from the previous e-Bulletin, please contact the Editor (as above). This e-Bulletin is published quarterly. The deadline for submissions and advertisements for the upcoming editions is NO LATER THAN

15th February

15th May

15th August

15th November

(exceptions possible with prior arrangement)

The official e-Bulletin of the Australian Nurse Teachers' Society Inc is published quarterly. The opinions expressed by the contributors do not necessarily reflect the views of the executive or other members of the Australian Nurse Teachers' Society. The Editor reserves the right to edit or delete submissions for length, content or policy. All advertisements and items are taken in good faith but the Australian Nurse Teachers' Society Inc cannot accept responsibility for misinterpretations by advertisers nor does inclusion of any item imply endorsement by the Australian Nurse Teachers' Society. All rights reserved